



**TYNDALE**  
• SEMINARY •

## **Course Syllabus**

**FALL 2017**  
**PERSONALITY THEORIES**  
**COUN 0674**

**SEPTEMBER 11 – DECEMBER 4**  
**MONDAYS, 11:15 AM – 2:05 PM**

**INSTRUCTOR: HELEN NOH**  
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Office Hours: by appointment

To access your course material, please go to <http://classes.tyndale.ca>. Course emails will be sent to your @MyTyndale.ca e-mail account. For information how to access and forward emails to your personal account, see <http://www.tyndale.ca/it/live-at-edu>.

### **I. COURSE DESCRIPTION**

Overview of major personality theories with regard to their development, philosophical assumptions, theoretical concepts and their clinical implications in work with individuals, couples and families. Students are encouraged to develop a reflective and critically interactive perspective to facilitate their therapeutic work. Offered annually.

### **II. LEARNING OUTCOMES**

At the end of the course, students should be able to:

- Identify, describe, and apply the major theories of personality, including Psychoanalytic, Neopsychoanalytic, Lifespan , Trait, Humanistic, Cognitive, Behavioral, and Social Learning approaches
- Examine the philosophical assumptions, historical and cultural factors that underlie the development of each personality theory
- Analyze, compare, and utilize the major personality theories to assess case studies of personality disorders
- Develop a deeper self-understanding of their own personality and personality development
- Integrate personality theories with the Christian faith
- Apply personality theories to the pastoral and counseling ministries

### **III. COURSE REQUIREMENTS**

#### **A. REQUIRED TEXTS**

Carver, C.S. & Scheier, M. F. (2017). *Perspectives on personality (8<sup>th</sup> ed.)*. Boston, MA: Pearson.

#### **B. SUPPLEMENTARY / RECOMMENDED READING:**

Ashcraft, D. (2009). *Personality theories workbook, 4<sup>th</sup> ed.* Belmont, CA: Wadsworth / Thompson. (AVAILABLE ON RESERVE AT THE LIBRARY)

#### **C. ASSIGNMENTS AND GRADING**

##### **1. Personality Theories Workbook and Case Study - 15% of final grade**

This assignment comes from the Personality Theories Workbook (recommended text, also found on reserve at the library). Students will be assigned a case study in which they will be required to apply the material from the textbook and lectures to demonstrate the ability to apply the theories of personality to a particular individual. The case study assignment needs to be typed, double-spaced, using 12 point font, and approximately 5-6 pages in length (excluding cover and reference pages). More details on the assignment will be handed out in class.

##### **2. Midterm Examination – 30% of final grade**

Students will be given a midterm examination covering material from lectures and textbook. The test will be in various formats, including multiple choice, true/false, short answer and essay type questions, to assess the student's ability to define, describe, compare, contrast, and apply the different personality theories and concepts. The exam will be 30% of final grade

##### **3. Personality Disorder Research Paper & Presentation – 40% of final grade**

Students will select a Personality Disorder as found in the DSM-V and write a 10-12 page paper that integrates lecture and textbook materials with current research on the symptoms, etiology, development, and treatment for counseling. Students must include a critical reflection on how a Christian worldview informs and shapes their understanding of personality disorders and therapeutic process. Paper is worth 35% of final grade

A three page summary of your research will be presented to the class in a conference style setting (during one of the three final weeks of the semester). More details of the paper and the presentation will be given in class. Presentation is worth 5% of final grade

##### **4. Personality and the Counselor – 15% of final grade**

This assignment is a 5-7 page paper (typed, double-spaced, 12 point font, APA style). Each student will write a paper about his/her own personality and personality development, using the various theories discussed in class. In this paper, the following areas are to be addressed:

- a. Beginning with the Trait-Dispositional perspective of personality (Temperament, 16PF, Five Factor), identify and describe your **significant** personality traits, including any Personality Signatures.
- b. Drawing upon at least 3 major current theories of personality (as covered in the text and lectures), provide a critical analysis of how you understand these to integrate and apply to your own personality development (specific concepts, constructs, and principles from these theories must be identified, defined, and critically applied to your own personality). Include tangible examples of how your personality is evidenced in your patterns of thinking, feeling, behaving, relating.
- c. Discuss how your personality will influence and shape your role as a counselor. Include any strengths, limitations, biases, challenges, potential issues of countertransference that may be experienced in the counseling relationship.
- d. A reflection on how you understand your Christian faith and identity to be relevant and significant to your personality development.

#### **D. GENERAL GUIDELINES FOR THE SUBMISSION OF WRITTEN WORK**

1. Your work should demonstrate the following characteristics:

- Reports of psychological research should follow the rules set forth in the *Publication Manual of the American Psychological Association, 5<sup>th</sup> ed.* (2001).
- All parts of the report are typed double-spaced, and without justifying the right hand margin. Use a 12 point font (“Times New Roman” or “Courier” is preferred).
- [www.apastyle.org](http://www.apastyle.org) is a helpful web site for all questions regarding APA style.

#### **Academic Integrity**

Integrity in academic work is required of all our students. Academic dishonesty is any breach of this integrity, and includes such practices as cheating (the use of unauthorized material on tests and examinations), submitting the same work for different classes without permission of the instructors; using false information (including false references to secondary sources) in an assignment; improper or unacknowledged collaboration with other students, and plagiarism. Tyndale University College & Seminary takes seriously its responsibility to uphold academic integrity, and to penalize academic dishonesty.

Students should consult the current Academic Calendar for academic policies on Academic Honesty, Gender Inclusive Language in Written Assignments, Late Papers and Extensions, Return of Assignments, and Grading System. The Academic Calendar is posted at <http://tyndale.ca/registrar/calendar>.

#### **E. SUMMARY OF ASSIGNMENTS AND GRADING**

Evaluation is based upon the completion of the following assignments:

Personality Theories Workbook & Case Studies	15 %
Midterm Examination	30 %
Personality Disorder Research Paper & Presentation	40 %
Personality & the Counsellor	15%
<b>TOTAL GRADE</b>	<b>100 %</b>

## F. COURSE EVALUATION

Tyndale Seminary values quality in the courses it offers its students. End-of-course evaluations provide valuable student feedback and are one of the ways that Tyndale Seminary works towards maintaining and improving the quality of courses and the student's learning experience. Student involvement in this process is critical to enhance the general quality of teaching and learning.

Before the end of the course, students will receive a MyTyndale email with a link to the online course evaluation. The evaluation period is 2 weeks; after the evaluation period has ended, it cannot be reopened.

Course Evaluation results will not be disclosed to the instructor before final grades in the course have been submitted and processed. Student names will be kept confidential and the instructor will only see the aggregated results of the class.

## IV. COURSE SCHEDULE, CONTENT AND REQUIRED READINGS

WEEK	DATE	CHP.	PERSONALITY THEORY	ASSIGNMENTS	
1	Sept. 11	1-3	<b>INTRO TO PERSONALITY</b> Orientation to personality Data, Method, and Tools		
2	Sept. 18	4	<b>TRAIT PERSPECTIVE</b> Types & Traits Traits, Situations, and Interactionism		
3	Sept. 25	6	<b>GENETIC PERSPECTIVES</b> Temperament		
4	Oct. 2	7	<b>BIOLOGICAL PERSPECTIVES</b> Gray's Reinforcement Theory		
5	Oct. 9	<b>THANKSGIVING – NO CLASS</b>			

6	Oct. 16	5	<b>MOTIVE/NEEDS PERSPECTIVE</b> Horney & Murray's Theories	<b>Case Study DUE</b>
7	Oct. 23	8	<b>PSYCHOANALYTIC PERSPECTIVE</b> Freud's Theory	
8	Oct. 30	<b>MIDTERM EXAM IN CLASS</b>		<b>Chps 1-8 &amp; Lecture Material</b>
9	Nov. 6	9	<b>PSYCHOSOCIAL PERSPECTIVES</b> Attachment & Erikson's Theories	
10	Nov. 13	10	<b>LEARNING PERSPECTIVE</b> Behavioral Conceptions	
11	Nov. 20	11	<b>PHENOMENOLOGICAL PERSPECTIVE</b> Maslow's Hierarchy of Motives Self-Actualization	<b>Personality Disorders Presentations</b> <b>ALL PERSONALITY DISORDERS PAPERS DUE</b>
12	Nov. 27	12-13	<b>COGNITIVE PERSPECTIVES</b> Personal Construct Theory (Kelly) Contemporary Cognitive Perspectives	<b>Personality Disorders Presentations</b>
13	Dec. 4	14	<b>NARRATIVE &amp; SPIRITUAL IDENTITY</b> Life Stories and Personality	<b>Personality Disorders Presentations</b>
<b>FINAL PAPER: PERSONALITY AND THE COUNSELOR DUE ON LAST DAY OF CLASS – DECEMBER 4</b>				

## V. SELECTED BIBLIOGRAPHY

Berger, J. M. (1997). *Personality*. Pacific Grove, CA: Brooks/Cole.

- Cloninger, S.C. (2008). *Theories of personality: Understanding persons (5<sup>th</sup> ed.)*. Upper Saddle River, NJ: Prentice Hall.
- Feldmeier, Peter. (2007). *The developing Christian*. Paulist Press.
- Fowler, J.W. (1995). *Stages of faith*. San Francisco: Harper & Row.
- Frager, R., & Fadiman, J. (2005). *Personality and personal growth (6<sup>th</sup> ed.)*. Upper Saddle River, NJ: Pearson/Prentice Hall.
- Friedman, H.S., & Schustack, M.W. (2006). *Personality: Classic theories and modern research (3<sup>rd</sup> ed.)*. Boston, MA: Allyn & Bacon.
- Gayle, G. (2001). *The growth of the person*. Belleville, ON: Essence.
- Hergenhahn, B.R., Olson, M.H., & Cramer, K. (2003). *An introduction to theories of personality*. Toronto, ON: Prentice Hall.
- Mischel, W., Shoda, Y., & Ayduk, O. (2008). *Introduction to personality: Toward an integrative science of the person (8<sup>th</sup> ed.)*. John Wiley & Sons, Inc.
- Montgomery, D. (1995). *God and your personality*. Boston: St. Paul Brooks & Media.
- Morf, C.C., & Ayduk, O. (Eds.) (2005). *Current directions in personality psychology*. Upper Saddle River, NJ: Pearson/Prentice Hall.
- Schultz, D., & Schultz, S. E. (2009). *Theories of Personality, 9<sup>th</sup> ed.* Belmont, CA: Wadsworth/Thompson.