**Tyndale Association of Spiritual Directors**

**Best Practices for Members**

**Best practices** are the minimum standards of professional practice and conduct for members of the Tyndale Association of Spiritual Directors (“TASD”) and are the preferred technique or approach for achieving a valued outcome in spiritual direction. These standards have been approved by the Board of Tyndale Association of Spiritual Directors as standards of practice for its members. Best Practices are meant to be applied to members’ practice in conjunction with the Code of Ethics and with their professional judgment.

**Spiritual Director’s preparation and self-care**

1. Belongs to and actively involved in a church or Christian community
2. Engages in regular supervision and personal spiritual direction
3. Recognizes professional needs and seeks help as needed

**Respect for rights and sensitivity to diversity**

1. Respects the values and ethics of spiritual direction
2. Cross cultural competence
3. Sensitive to needs of diverse populations, denominations, and religious experiences

**Adherence to Boundaries of Competence**

1. Respects professional boundaries and refers as appropriate
2. Seeks to resolve conflict
3. Sensitive to closure of relationships with directees

**Representation and Maintenance of Professional Qualifications**

1. A member in good standing with TASD
2. Follows the Code of Ethics for the TASD
3. Upholds confidentiality and obtains informed consents
4. Involved in ongoing self-evaluation professional and spiritual development i.e. workshops, retreats
5. Follows standard for professional record keeping i.e. secure, confidential, current
6. Remains a (Certified) Spiritual Director in good standing