

“The mission of Tyndale Seminary is to provide Christ-centred graduate theological education for leaders in the church and society whose lives are marked by intellectual maturity, spiritual vigour and moral integrity, and whose witness will faithfully engage culture with the Gospel.”

Course 2021-2022	SPIRITUAL DIRECTION INTERNSHIP I & II SPIR 0710 / 0711
Date and Time	SEPTEMBER 15 – DECEMBER 8, 2021 / JANUARY 12 – APRIL 6, 2022 WEDNESDAY, 2:15 – 5:05 PM ORIENTATION DAY: WEDNESDAY, SEPTEMBER 8, 10:00 AM-3:00 PM.
Instructor Supervisors	SHARON BRADIMORE , STM, MDiv; CSDS Email: sbradimore@tyndale.ca Sylvia Buchanan , MTS, CSD. Email: buchanansyl@mytyndale.ca Jody Chu , MTS, CSD. Email: chuchuyin@mytyndale.ca Vivian Chu-Chen , MTS, CSD. Email: chuchenviva@mytyndale.ca Wilma Clarke , MTS, CSD, CSDS. Email: wclarke@tyndale.ca Debbie Laginskie , MTS, CSD. Email: Debbie.Laginskie@mytyndale.ca Dr. Sarah Patterson , BA, BJourn, MTS, DMin, CSD, CSDS. Email: spatterson@tyndale.ca
Class Information	The classes will be livestreamed on Wednesdays, 2:15 PM–5:05 PM. Office Hours: By appointment.
Course Material	Access course material at classes.tyndale.ca or other services at Tyndale One . Course emails will be sent to your @MyTyndale.ca e-mail account only. Learn how to access and forward emails to your personal account.

I. COURSE DESCRIPTION.

Designed for those seeking to become certified spiritual directors. Students learn the art and practice of spiritual direction through weekly practices of soul care, teaching, supervised in-class sessions, group and individual supervision, as well as providing bi-weekly spiritual direction to directees. Through these multi-faceted experiences, students explore their capacity to help others attend to God's presence in their lives while living out a theology of love for God, self and others. The two courses run consecutively from September to April. Students must register for both courses.

Prerequisites: SPIR 0700, SPIR 0610, SPIR 0609, SPIR 0601; Successful interview with the instructor (prior to June 30 for the following Fall semester); Evidence of having met with a Spiritual Director for at least one year; Three references submitted to the internship instructor. Limited enrolment.

II. LEARNING OUTCOMES

At the end of the course, students will be able to:

1. Formulate a theological and biblical foundation for the practice of spiritual direction and practice theological reflection as the basis for ongoing conversion.
2. Employ hospitable, deep listening as a means helping others attend more deeply to God's presence and leading in their lives.
3. Appraise and employ wisdom from key authors and literature pertaining to the ancient roots and contemporary practices of spiritual direction.
4. Explain key components related to spiritual formation and direction, including but not limited to the contours of a healthy growing faith and spiritual pathways; deepening intimacy and prayer, God image, discernment, self-image and self-awareness; theological reflection, sin, suffering, forgiveness and healing; community, cultural sensitivity and growth "for the sake of others" (*Reference: Spiritual Direction Competencies, 2021-2022*).
5. Practice listening prayer, ongoing reflection and supervision as essential to personal maturation and integrity of practice.
6. Recognize one's gifts and growing edges, posture and ongoing discernment related to the (ongoing) call of spiritual direction.

III. COURSE REQUIREMENTS

A. REQUIRED READING

Summer Reading:

Miller, Wendy. *Jesus, Our Spiritual Director*. Nashville: Upper Room Books, 2004.
See course page on classes.tyndale.ca for forum for questions, to be answered September 29, 2021.

Fall Reading:

Bakke, Jeanette A. *Holy Invitations*. Grand Rapids: Baker, 2000.

Hagberg, Janet O. & Robert A. Guelich. *The Critical Journey: Stages in the Life of Faith*. Salem, WI: Sheffield Pub. Co., 2005. (Chapters 1-4)

Hoare, Liz. *Using the Bible in Spiritual Direction*. New York: Morehouse Pub., 2015.

Job, Reuben P. & Norman Shawchuck. *A Guide to Prayer for All God's People*. Nashville, TN: The Upper Room, 1994.

Winter Reading:

Johnson, Jan. [*Invitation to the Jesus Life; Experiments in Christlikeness*](#). Colorado Springs, CO: NavPress, 2008.

Hagberg, Janet O. & Robert A. Guelich. *The Critical Journey: Stages in the Life of Faith*. Salem, WI: Sheffield Pub. Co., 2005. (Chapters 5 – end).

Job, Reuben P. & Norman Shawchuck. *A Guide to Prayer for All God's People*. Nashville, TN: The Upper Room, 1994. (*on-going*)

B. SUPPLEMENTARY / RECOMMENDED READING AND TOOLS

Calhoun, Adele Ahlberg. [*Spiritual Disciplines Handbook \(revised & expanded\)*](#). Downers Grove: IVP, 2015.

Barton, Ruth Haley, and Robert Mulholland Jr. [*Invitation to a Journey*](#). Downers Grove: IVP, 2016.

Nouwen, Henri. *Spiritual Direction*. New York: Harper Collins, 2006.

Articles related to in-class teaching and topics arising within spiritual direction sessions are posted weekly to the class page on classes.tyndale.ca. This helps familiarize you with what a

wide range of historical and contemporary authors have written about spiritual direction. These articles plus the bibliography provide resources for your reflection/research assignments.

Online research resources

www.archive.org.

[National Emergency Library](#)

[Open Access Digital Theological Library](#)

Tyndale recommends www.stepbible.org – a free and reputable online resource developed by Tyndale House (Cambridge, England) – for word searches of original-language texts, as well as for topical searches, interlinear texts, dictionaries, etc. Refer to the library for other [online resources for Biblical Studies](#).

C. INTERACTIVE LIVESTREAM AND/OR HYBRID COURSE REQUIREMENTS

- Livestream attendance at announced times
- Headphones (preferred), built-in microphone, and web-camera
- Well-lit and quiet room
- Stable high-speed internet connection, preferably using an Ethernet cable over Wi-Fi
- Familiarity with Zoom and classes.tyndale.ca (Weekly handout with Zoom link posted to class page on classes.tyndale.ca)

D. GUIDELINES FOR INTERACTIONS

Tyndale University prides itself in being a trans-denominational community. We anticipate our students to have varied viewpoints which will enrich the discussions in our learning community. Therefore, we ask our students to be charitable and respectful in their interactions with each other, and to remain focused on the topic of discussion, out of respect to others who have committed to being a part of this learning community. Please refer to “Guidelines for Interactions” on your course resource page at classes.tyndale.ca.

E. ASSIGNMENTS AND GRADING

1. This is an internship for spiritual direction in formation. Interns are required to attend and fully participate in all scheduled classes: Wednesdays, 2:15 - 5:05 PM. Also required: attendance and participation at the orientation class on **September 8, 2021 (10:00 am – 3:00 pm)**
2. Interns are required to offer spiritual direction to a minimum of five (5) “Directees” outside class hours on a bi-weekly basis (a minimum of 30 hours per semester). Those wishing to meet with more than eight (8) Directees require permission from the

Instructor. (Note: All accrued supervised hours will be credited towards the CSD designation).

3. Interns are required to continue receiving personal spiritual direction on a regular basis. It is a prerequisite to have received spiritual direction for the immediate year before the practicum and to continue in receiving individual spiritual direction throughout the Practicum year. Retreat in Daily Life (RDL) fall dates to be confirmed. The RDL will substitute for personal spiritual direction and a retreat in the Fall Term.
4. Interns are required to prepare and present for triads with supervision.
5. Interns will send their assigned Supervisor reflective work as per class guidelines on the Friday before their supervision appointment (*grace day: Saturday*).
6. Fall Semester: in-class practice and discussion plus three reflection + horizon analysis papers. Winter Semester: developing facility with the CRF (Contemplative Reflection Form); continued in-class practice, discussion and written work. **Due: On-going throughout the term**
7. Forums: Share resources and questions with other Interns (top of class page). Occasional forum questions will be posted for class responses.
8. Submit a 12-14 page 2-part paper reflection and research paper (See Section H of this syllabus regarding guidelines) as the end of the **Fall Term**: a) Reflect on your personal prayer and experience (3 pages) and horizon analysis (1 page) in round three, and b) Research an area for deeper study and growth emerging from your practice of spiritual direction this semester (8-10 pages). See Section H of this syllabus regarding Guidelines. **DUE December 15, 2021.**
9. Submit an 18-20 page 3-part paper including personal and theological reflection (4 pages), research related to emerging questions and or area/s of competency as a spiritual director (9-11 pages) plus learning drawn from your CRFs (6-8 pages). These should highlight personal transformation and growth, skill development throughout the year and ongoing, personal discernment of the ministry of spiritual direction. It can draw from class soul care, teaching, reading and research discoveries, triad work and supervision, the prayer guide, journaling and ongoing reflection during the **Winter Term**. Lastly, it should identify how you have been personally challenged and transformed through your time at Tyndale highlighting your internship year and practices you have incorporated into your rhythm of life. A final paragraph should identify what you see as your calling, passion and focus of ministry. This serves as a personalized mission statement for you. Attach the completed chart below which identifies your accumulated internship hours as part of the paper. Additional details will be given in class. **DUE April 13, 2022.**
10. **Competency Interview** the week of **April 19-22, 2022** (*by appointment*).

F. EQUITY OF ACCESS

Students with permanent or temporary disabilities who need academic accommodations must [contact](#) the [Accessibility Services](#) at the [Centre for Academic Excellence](#) to [register](#) and discuss their specific needs. *New students* must self-identify and register with the Accessibility Office at the beginning of the semester or as early as possible to access appropriate services. *Current students* must renew their plans as early as possible to have active accommodations in place.

G. SUMMARY OF ASSIGNMENTS AND GRADING

This is pass/fail course.

COMPONENT	Fall 2021	Winter 2022
Individual supervision	3 hr	3 hr
Group supervision of D'r	9 hr	9 hr
Giving individual direction	Track accumulated hours per class hand-out	Track accumulated hours per class hand-out
Retreat	RDL - required	24-hour individual - required
Personal spiritual direction received	RDL substitutes for this component	3 sessions w/your own Spiritual Director
Personal Devotional Life and Journaling	Daily text: <i>A Guide to Prayer for All God's People</i>	Daily text: <i>A Guide to Prayer for All God's People</i>
Reading: Class texts / posts	ongoing	ongoing

Evaluation is based upon the completion of the following assignments:

Reflection paper + Horizon Analysis (3 per term)	18%
Fall Term research paper	10%
6 Contemplative Reflection Forms (CRF) for supervision	18%
Winter Term research and CRF competency paper	18%
Recommendation of your supervisor	14%
Class/Triad participation	12%
Forum	10%
Total grade	100%

H. GENERAL GUIDELINES FOR THE SUBMISSION OF WRITTEN WORK

All written work must be emailed to the Instructor at sbradimore@tyndale.ca using this format ONLY for naming file attachments: name, title, date (e.g. TSmith, Reflection Paper 1-Oct 2021).

For proper citation style, consult the [Chicago-Style Quick Guide](#) (Tyndale e-resource) or the full edition of the [Chicago Manual of Style Online](#), especially [ch. 14](#). For citing scripture texts, refer to sections [10.44 to 10.48](#) and [14.238 to 14.241](#).

Academic Integrity

Integrity in academic work is required of all our students. Academic dishonesty is any breach of this integrity, and includes such practices as cheating (the use of unauthorized material on tests and examinations), submitting the same work for different classes without permission of the instructors; using false information (including false references to secondary sources) in an assignment; improper or unacknowledged collaboration with other students, and plagiarism. Tyndale University takes seriously its responsibility to uphold academic integrity, and to penalize academic dishonesty.

Students are encouraged to consult [Writing Services](#). Citation and other [tip sheets](#).

Students should also consult the current [Academic Calendar](#) for academic polices on Academic Honesty, Gender Inclusive Language in Written Assignments, Late Papers and Extensions, Return of Assignments, and Grading System.

Research Ethics

All course-based assignments involving human participants requires ethical review and may require approval by the [Tyndale Research Ethics Board \(REB\)](#). Check with the Seminary Dean's Office (aa@tyndale.ca) before proceeding.

I. COURSE EVALUATION

Tyndale Seminary values quality in the courses it offers its students. End-of-course evaluations provide valuable student feedback and are one of the ways that Tyndale Seminary works towards maintaining and improving the quality of courses and the student's learning experience. Student involvement in this process is critical to enhance the general quality of teaching and learning.

Before the end of the course, students will receive a MyTyndale email with a link to the online course evaluation. The link can also be found in the left column on the course page. The evaluation period is 2 weeks; after the evaluation period has ended, it cannot be reopened.

Course Evaluation results will not be disclosed to the instructor before final grades in the course have been submitted and processed. Student names will be kept confidential and the instructor will only see the aggregated results of the class.

IV. COURSE SCHEDULE, CONTENT AND REQUIRED READINGS

SPIR 0710 - Fall 2021

Note: check for further readings posted to the Class Page on classes.tyndale.ca.

Sept 8: **Orientation Day**

- Attendance is mandatory; we will cover the essentials of accepting Directees and your first session as a Director.
- Download and work through *Handbook for Tyndale Spiritual Direction Interns* (see class page on classes.tyndale.ca).
- Discussion:
 - o *How has God invited you to tend your soul in preparation for the upcoming spiritual direction internship?*

Sept 15/Round 1.1: **What is spiritual direction? Who is a spiritual director?**

- Reading: Bakke, Ch. 1; Hoare, Ch. 1, 3, 7
- Spiritual Direction Charism, Competencies & Cutting Edges 2021-2022 (class page)
- Prayer Guide. Read pages 13-19, **Year B**, 47: *Good Stewards*, 286ff

Sept 22/Round 1.2: **Listening to the RAIN**

- Reading: Bakke, Ch. 2; Hoare, Ch. 5; Hagberg & Guelich, Ch 1 & 2
- Prayer Guide, Year B, 48: *Who Enters God's Kingdom?*, 292ff

Sept 29/Round 1.3: **Reflecting on Experience**

- Reading: Bakke, Ch. 10; Hoare, Ch. 2, 6
- Prayer Guide, Year B, 49: *Faithful and Obedient*, 297ff
- Forum: answer questions per Miller's book

Oct 6/Round 1.4: **Supervision 1** - by appointment

- Preparatory work (per class guidelines) sent to Supervisor **Oct. 2**
- Reading: Bakke, Ch. 3, 4, 5
- Prayer Guide, Year B, 50: *All Things Are Possible*, 303ff

Oct 13/Round 2.1: **Ways of Knowing: Emotion**

- **DUE:** Reflection Paper + Horizon Analysis 1. (Email Instructor: sbradimore@tyndale.ca. Label file attachment: name, title, date (see Section H. General Guidelines for Written Work, point one)

- Reading: Bakke, Ch. 8
- Prayer Guide, Year B, 51: *Servanthood* 308ff

Oct 20/Round 2.2: **Ways of Knowing: The Body**

- Reading: Bakke, Ch. 14; Hoare, Ch. 4
- Year B, 52: *When Jesus Calls*, 314ff

RDL Opening (*Retreat in Everyday Life; details to follow*)

- Coordinator: Misa Mochinaga
- 10 am - 12:30 pm (***Date and details to follow***)

Oct 27. **Reading Week.**

- Take these tests: 1) Spiritual Gifts, 2) Sacred Pathways (see class page) and Append your results with Reflection Paper 2.
- Prayer Guide, Year B, 53: *True Humanity*, 319ff

Nov 3/Round 2.3: **Opening the Eyes of Our Heart: Images & Imagination**

- Instructor: Dr. Ouida Pihulyk
- Hoare, Ch 9
- Prayer Guide, Year B, 54: *A Resurrection People*, 325ff

Nov 10/Round 2.4: **Supervision 2** - by appointment

- Preparatory work (per class guidelines) sent to Supervisor **Nov. 6**
- Reading: Bakke, Ch. 11
- Prayer Guide, Year B, 55: *Faithful Witness*, 331ff

Nov 17/Round 3.1: **Stages of Faith; Awakening, Sin, Purgation**

- **DUE:** Reflection Paper + Horizon Analysis 2 (email to Instructor "Section H. Guidelines").
Include
your results from Spiritual Gifts and Sacred Pathways.
- Reading: Hagberg, Ch. 3 & 4 (also pages 162-169)
- Prayer Guide, Year B, 56: *Christ the King*, 336ff

Nov 24/Round 3.2: **Prayer and Praying**

- Reading: Hoare, Ch. 8; Bakke, Ch. 12
- Prayer Guide, Advent I begins Nov. 28; **Year C**; 1: *Waiting and Watching*, 23ff

RDL closing (*details to follow*)

- 10:00 am - 12:30 pm

Dec. 1/Round 3.3: **Ways of Knowing: Interior Dialogue** (CRF)

- Reading: Hoare, Ch. 11
- Prayer Guide, Advent II, Year C; 2, *Getting Ready*, 30ff

Dec. 8/Round 3.4: **Supervision 3** - by appointment

- Preparatory work (per class guidelines) sent to Supervisor **Dec. 4**
- Reading: Bakke, Ch. 9, 15, 16
- Prayer Guide, Advent III, Year C; 3, *Good News*, 36ff

Dec 15:

- **DUE.** 2-part Term Paper: a) Reflection Paper + Horizon Analysis 3 AND b) Research Paper
Email 2 clearly named attachments to Instructor per Section H. Guidelines
- **Research Paper:** You set the question, arising out of your own practice of spiritual direction. This is intended to be a practical paper that will help you in your practice. What question/s or invitations are coming towards you? What attracts you? What makes you feel uneasy? Set your question and then read 3-4 outside sources to learn how others have engaged with and understood this topic. Length: 8-10 pages. Bibliography required.
- Prayer Guide, Advent IV; *When God Comes*, 42ff.
 - o Dec 22, Year C, 5: *God's Greatest Gifts*, 47ff
 - o Dec 29, Year C, 6: *Chosen by God*, 52ff
 - o Jan 5, 2021, Year C, 7: *God's Eternal Purpose*, 58ff

SPIR 0711 - Winter 2022

Note: check for further readings posted to Class Page on classes.tyndale.ca.

Jan 12/Round 4.1: **"We begin again"; Repetition and Resistance**

- Reading: Johnson, Ch 1-3; Hagberg & Guelich, Ch 5, 6 (also pages 169-175)
- Prayer Guide, Year C, 8: *Following Jesus*, 65ff
- Class page: [Guidelines for Final Paper](#). Review [SD Competencies 2021-2022](#)

Jan 19/Round 4.2: **Forgiveness and healing**

- Reading: Johnson, Ch. 9
- Prayer Guide, Year C, 9: *The Call of God*, 72ff

Jan 26/Round 4.3: **The Wall / Nights.**

- Reading: Johnson, Ch. 7 & 8
- Prayer Guide, Year C, 10: *The Power of God's Word*, 78ff

Feb 2/Round 4.4: **Supervision 4**, by appointment

- CRF sent to Supervisor **Jan. 29**
- Reading: Johnson, Ch. 5

- Prayer Guide, Year C, 11: *The Meaning of Discipleship*, 85ff

Feb 9/Round 5.1: **Transference, countertransference**

- Instructor: Misa Mochinaga
- **DUE:** Reflection paper + Horizon Analysis 4 (Email to instructor)
- Reading: Hagberg & Guelich, Ch 7 & 13 (also p175-178, 232-250)
- Prayer Guide, Year C, 12: *Choose Life*, 91ff. (Note: jump to #16 next)

Feb 16/ Round 5.2: **Dreams.**

- Reading: Hagberg & Guelich, Ch. 8 & 9 (also p179-184)
- Take [Spiritual Life Inventory](#)
- Prayer Guide, Year C, 13 *The Abundance of God's Mercy* (96ff)

Feb 23: **Reading Week**

- Reading: Johnson, Ch. 10; Hagberg & Guelich, Ch. 11
- Prayer Guide, Year C, 14 *Good People – Good Actions*, 102ff

Mar. 2/Round 5.3: **A Discerning Heart**

- Reading: Johnson, Ch. 13; Hagberg & Guelich; Ch. 12
- Prayer Guide, Year C, NOTE – jump to WEEK 16. Ash Wednesday; **Lent begins.** Year C, 16 *Getting Ready to Serve*, 114ff.

Mar 9/Round 5.4: **Supervision 5** - by appointment

- CRF to be sent to Supervisor **March 5**
- Reading: Johnson, Ch. 15; Hagberg & Guelich, Ch. 10
- Prayer Guide, Year C, Lent 2. 17, *What God Has Promised*, 120ff

Mar 16/Round 6.1: **Spiritual Direction: “For the sake of others”**

- **DUE.** Reflection Paper + Horizon Analysis 5.
- Reading: Johnson, Ch. 6; Hagberg & Guelich, Ch 8, 9 (also p179-184)
- Prayer Guide, Year C, 18, *Meeting God Face to Face*, 125ff

Mar 23/Round 6.2: **Suffering; Stations of the Cross**

- Reading: Johnson, Ch. 14; Hagberg & Guelich Ch. 14
- Prayer Guide, Year C, 19: *The God Who Seeks*, 131ff

Mar 30/Round 6.3: **Discerning the practice of spiritual direction**

- Reading: Johnson, Ch. 12. Re-read Hoare, Ch 11: *Conclusion*.
- Prayer Guide, Year C, 20: *Power to Give Life*, 137ff

April 6/Round 6.4: **Supervision 6** - by appointment

- Reading: Johnson, Ch. 17

- Prayer Guide, Year C, 21: *The Cost of Right Choices*, 143ff
- CRF sent to Supervisor **April 2**

April 13: **3-part Final paper DUE** (Reflection + Horizon Analysis 6, Research, CRF/Competencies, Report. Appendices: A: CRFs (6); B: 24-hour retreat report (one page); C: Log of hours, including final tally)

April 19-22: "Mark 6: 30-32" interview (by appointment)

V. SELECTED BIBLIOGRAPHY

([Tyndale Library](#) supports this course with [e-journals](#), [e-books](#), and the [mail delivery of books](#) and circulating materials. See the [Library FAQ page](#).)

- Adams, Kate et al Eds. *Dreams and Spirituality: A Handbook for Ministry, Spiritual Direction and Counselling*. London, UK: Canterbury Press, 2015.
- Anderson, Keith, and Randy D. Reese. *Spiritual Mentoring; A Guide for Seeking and Giving Direction*. Downers Grove, IL: InterVarsity, 1999.
- Arnold, Johann Christoph. *Why Forgive?* Maryknoll, NY, Orbis Books, 2008.
- Atwood, Bill. *The Spiritual Journey; Mountain Tops, Dark Nights, and Dangerous Deception*. Carrollton, Texas: Ekklesia Pubs., 2014.
- Au, Wilkie. & Colleen. *The Discerning Heart: Exploring the Christian Path*. Paulist Press, 2006.
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- Barry, William A., and William J. Connolly. *The Practice of Spiritual Direction*. HarperSanFrancisco, 2009.
- _____. *Spiritual Direction and the Encounter with God; A Theological Inquiry*. Mahwah NJ: Paulist Press, 2004.
- _____. *With an Everlasting Love; Developing an Intimate Relationship with God*. Mahwah, NJ: Paulist Press, 1999.
- Barton, Ruth Haley. *Invitation to Solitude and Silence*. Downers Grove, IL: InterVarsity, 2016.
- _____. *Sacred Rhythms*. Downers Grove, IL: InterVarsity, 2006.
- _____. *Pursuing God's Will Together*. Downers Grove, IL: InterVarsity, 2012.
- _____. *Strengthening the Soul of Your Leadership*. Downers Grove, IL: InterVarsity, 2008.
- Barton, Ruth Haley and Jr., M. Robert Mulholland, *Invitation to the Journey: A Road Map for Spiritual Formation*. Downer's Grove, Ill.: IVP Press, 2016.
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- _____. *Healing Emotional Wounds*. Perrysburg, OH: Welch Pub. Co., 1990.
- _____. *Opening To God*. Downers Grove, IL: InterVarsity, 2010.
- _____. *Spirituality and the Awakening Self*. Grand Rapids: Brazos Press, 2012.
- _____. *Surrender to Love*. Downers Grove, IL: InterVarsity, 2004.
- _____. *The Gift of Being Yourself*. Downers Grove, IL: InterVarsity, 2015
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- Birmingham, Madeline & William J. Connolly. *Witnessing to the Fire; Spiritual Direction and the Development of Directors*. Kansas City, MO: Sheed & Ward Pub., 1994.
- Bourgeault, Cynthia. *The Wisdom Way of Knowing; Reclaiming an Ancient Tradition to Awaken the Heart*. San Francisco, CA: Jossey-Bass, 2003.
- Boyd, Gregory A., *seeing is believing; Experience Jesus through Imaginative Prayer*. Grand Rapids, MI: Baker Books, 2004.
- Brown Taylor, Barbara. *Learning to Walk in the Dark*. New York: HarperCollins Pub., 2014.
- _____. *The Healing Word; Gospel Medicine for the Soul*. London: SPCK, 2013.
- _____. *Speaking of Sin: The Lost Language of Salvation*. Cowley Pubs., 2000.
- Buckley, Suzanne M., Ed. *Sacred Is the Call: Formation and Transformation in Spiritual Direction Programs*. New York: The Crossroad Pub. Co., 2005
- Burke, Daniel. *Navigating the Interior Life*. Steubenville, Ohio: Emmaus Road Pub., 2012.
- Brueggemann, Walter. *Prayers for a Privileged People*. Nashville, TN: Abingdon Press, 2008.
- _____. *Praying the Psalms; Engaging Scripture and the Life of the Spirit (2nd ed.)*. Eugene OR: Cascade Books, 2007.
- Campbell, Camille. *Meditations With John of the Cross*, Bear & Co., 1989.
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- _____. *Spiritual Disciplines Handbook*. Downers Grove, IL: IVP, 2005.
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- _____. *Weeds Among the Wheat; Discernment: Where Prayer & Action Meet*. Notre Dame, IN: Ave Maria Press, 2005.
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