



TYNDALE

• SEMINARY •

Course Syllabus

Fall 2012

SPIRITUAL DIRECTION PRACTICUM
SPIR 0710 & 0711

SECTION 1: WEDNESDAY, 9:00 AM – 12:00 PM
SECTION 2: WEDNESDAY, 4:30-7:30 PM

INSTRUCTOR: Dr. Barbara Haycraft, DMIN
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To access your course material, please go to <http://mytyndale.ca>

I. COURSE DESCRIPTION

SPIR 0710 (3) and SPIR 0711 (3) Spiritual Direction Practicum I & II -- Trains students in the art and science of spiritual mentoring through the supervised practice of spiritual direction. Students will provide weekly sessions of spiritual direction to directees as well as receive weekly teaching and supervision from the instructor and supervisors.

Through this experience, students learn about the persons, process and practice of guiding fellow pilgrims deeper in their love for God, others and self. The two courses run consecutively from September to May and students must register for both courses. Prerequisites include Spiritual Formation courses (See [Academic Calendar](#)) application and interview by the end of May of the preceding year. Limited enrollment & permission of the practicum committee.

II. LEARNING OUTCOMES

At the end of the course, students should be able to:

- Identify the character attributes and acquired skills of a spiritual director as evidenced in their practice of spiritual direction.
- Identify how providing spiritual direction interfaces with your life calling
- Formulate key assumptions, definitions and essentials regarding the process of spiritual direction
- Identify and utilize essential skills pertinent to the practice of spiritual direction

III. COURSE REQUIREMENTS

A. REQUIRED TEXTS

Nouwen, Henri. *The Way of the Heart*. San Francisco: Harper Collins, 1991.
[summer reading and reflection]

Silf, Margaret. *Simple Faith*. Chicago: Loyola Press, 2012.

Barton, Ruth Haley. *Strengthening the Soul of Your Leadership*. Downers Grove: IVP, 2008.

Mulholland, Robert. *Invitation to a Journey*. Downers Grove: IVP, 1993.

Recommend text:

Thomas, Gary. *Sacred Pathways*. Grand Rapids: Zondervan, 2000.
[There may be a possibility of having him in our class in January]

B. SUPPLEMENTARY / RECOMMENDED READING:

Additional reading will be incorporated in your individually developed learning agreement with the two fold emphasis of formational and informational reading.

Suggested and recommended books and authors will be discussed in class orientation.

C. ASSIGNMENTS AND GRADING

Students are required to attend and fully participate in scheduled classes, group and individual supervisory sessions in order to accumulate a satisfactory number of hours specified in the individually developed learning agreement.

1. Students are required to continue receiving personal spiritual direction on a regular basis.
2. Students are required to prepare and present for peer review during group supervision:
 - Case studies & learning reflections experienced in giving spiritual direction
 - Centering exercises
 - Group sharing of ideas, relevant articles and books for development as a spiritual director
 - Sharing of systems and record keeping that is appropriate in spiritual direction
3. Supervisors will require preparatory and reflective work as an integral part of on-going learning as a spiritual director.
4. Submit a 5 page paper at the end of Winter term on either a historical or current spiritual director (author) highlighting how this person's writings have contributed to your understanding of what constitutes a good spiritual director and how you will integrate this into your practice of spiritual direction.
5. Students are required to draft and develop a Learning Agreement during the first two weeks of class. The Learning Agreement may be adjusted at the beginning of the Winter Semester and a Learning Summary of the year will be submitted at the end of the Winter Semester. This should include an additional 5 page personal reflection on how you have grown, changed or experienced development in spiritual direction throughout the year. The major components of the learning agreement are listed on the chart below and will be discussed during orientation:

[The required hours in the component categories is currently under revision and will be discussed during the initial orientation class. The current total hours are 190 for each term and this is being modified lower responding to student feedback]

COMPONENT	EST.FALL HOURS	ACTUAL HOURS	EST WINTER HOURS	ACTUAL HOURS
Individual Supervision	9		9	
Group Supervision	12: (6X2)		12: (6X2)	
Individual Direction	50		50	
Group Direction	0	0	12	
Formational Reading	10		10	
Informational Reading	10		10	
Personal Direction	3		3	
Personal Retreat	12		6	
Approved Events	9			
Class & supervision preparation	15		15	
TOTAL HOURS	130		130	

- Students are required to meet with the course instructor at the end of Fall Semester to assess the Learning Plan and make any necessary adjustments.

D. GENERAL GUIDELINES FOR THE SUBMISSION OF WRITTEN WORK

Integrity in academic work is required of all our students. Academic dishonesty is any breach of this integrity, and includes such practices as cheating (the use of unauthorized material on tests and examinations), submitting the same work for different classes without permission of the instructors; using false information (including false references to secondary sources) in an assignment; improper or unacknowledged collaboration with other students, and plagiarism. Tyndale University College & Seminary takes seriously its responsibility to uphold academic integrity, and to penalize academic dishonesty.

Students should consult the current Academic Calendar for academic policies on Academic Honesty, Gender Inclusive Language in Written Assignments, Late Papers and Extensions, Return of Assignments, and Grading System. The Academic Calendar is posted at <http://tyndale.ca/registrar/calendar>.

For proper citation style, consult the [Chicago-Style Quick Guide](#) (Tyndale e-resource) or the full edition of the [Chicago Manual of Style Online](#), especially [ch. 14](#). For citing scripture texts, refer to sections 10.46 to 10.51 and 14.253 to 14.254.

E. SUMMARY OF ASSIGNMENTS AND GRADING

Evaluation is based upon the completion of the following:

Successful completion of the learning agreement & Learning Summary	70%
5 Page paper on Spiritual Director Mentor 5 Page reflection on your personal growth	10%
Class interaction and participation	10%
Recommendation of your supervisor	10%
Total Grade	100 %

Students completing/ not completing all of the above requirements in a satisfactory manner will receive a pass/fail grade.

IV. COURSE SCHEDULE, CONTENT AND REQUIRED READINGS

- The Syllabus currently under revision will be reviewed during the initial course orientation
- The overview and schedule will be presented at the initial course orientation
- Readings will be incorporated into the individually developed learning agreements.
- Specific dates and schedule will be presented at the course orientation.

V. SELECTED BIBLIOGRAPHY

Bakke, Jeannette. *Holy Invitations*. Grand Rapids: Baker, 2000.

Barry, William A., and Connolly, William J. *The Practice of Spiritual Direction*. New York: Harper, 1986.

Barton, Ruth Haley. *Sacred Rhythms*. Downers Grove, IL: IVP, 2006.

Barton, Ruth Haley. *Strengthening the Soul of Your Leadership*. Downers Grove, IL: IVP, 2008.

Barton, Ruth Haley. *Pursuing God's Will Together*. Downers Grove, IL: IVP, 2012.

Benner, David. *Sacred Companions: The Gift of Spiritual Friendship and Direction*. Downers Grove: IVP, 2002.

Benner, David. *The Gift of Being Yourself*. Downers Grove: IVP, 2004

Benner, David. *Opening To God*. Downers Grove: IVP, 2010.

Benner, David G. *Spirituality and the Awakening Self*. Grand Rapids: Brazos Press, 2012.

Calhoun, Adele Ahlberg. *Invitations from God*. Downers Grove, IL: IVP, 2011.

Cepero, Helen. *Journaling As A Spiritual Practice: Encountering God Through Attentive Writing*. Downers Grove, IL: IVP, 2008.

Conroy, Maureen. *Looking into the Well: Supervision of Spiritual Directors*. Chicago: Loyola Press, 1995.

Des Cotes, Rob. *Fan the Flame: Meditations for Spiritual Direction*. Toronto: Clements Pub., 2006.

- Des Cotes, Rob. *Higher Than I: Meditations for Spiritual Direction*. Toronto: Clements Pub., 2007.
- Fryling, Alice. *Seeking God together: An Introduction to Group Spiritual Direction*, Downers Grove, IL: IVP, 2009.
- Gire, Ken. *Intimate Moments with the Saviour: Learning to Love*. Grand Rapids: Zondervan, 1989.
- Green, Thomas. *When The Well Runs Dry* Notre Dame: Ave Maria Press, 1978.
- Green, Thomas. *The Friend of the Bridegroom: Spiritual Direction and the Encounter with Christ*. Notre Dame, IN: Ave Maria Press, 2000.
- Green, Thomas. *Experiencing God: The Three Stages of Prayer*. Notre Dame, IN: Ave Maria Press, 2010.
- Guenther, Margaret. *Holy Listening: The Art of Spiritual Direction*. Cambridge, MA: Cowley, 1992.
- Hay, Leslie A. *Hospitality: The Heart of Spiritual Direction*. Milwaukee: Morehouse, 2006.
- Jones, Alan. *Exploring Spiritual Direction*. Cambridge, MA: Cowley, 1999.
- Keating, Thomas. *Open Mind, Open Heart*. New York: Continuum, 2011
- Leech, Kenneth, and George Carey. *Soul Friend: Spiritual Direction in the Modern World*. Milwaukee: Morehouse, 2001.
- Merton, Thomas. *New Seeds of Contemplation*. Bardstown, KY: Abbey of Gethsemani Inc., 1961.
- Merton, Thomas. *Spiritual Direction and Meditation*. Collegeville, MN: Liturgical Press, 1986.
- Mulholland, M. Robert. *Invitation to a Journey*. Downers Grove: IVP, 1993.
- Mulholland, M. Robert. *The Deeper Journey, The Spirituality of Discovering Your True Self*. Downers Grove, IL: IVP, 2006.
- Peace, Richard. *Meditative Prayer: Entering God's Presence*. Colorado Springs: NavPress, 1998.
- Peterson, Eugene H. *The Contemplative Pastor: Returning to the Art of Spiritual Direction*. Grand Rapids: Eerdmans, 1993.

Reese, Randy, and Keith Anderson. *Spiritual Mentoring: A Guide for Seeking and Giving Direction*. Downers Grove: IVP, 1999.

Rohr, Richard. *Everything Belongs: The Gift of Contemplative Prayer*. New York: The Crossroad Publishing Co., 2003.

Rolheiser, Ronald. *The Shattered Lantern: Rediscovering A Felt Presence of God*. New York: The Crossroad Publishing Co., 2001.

Ruffing, Janet. *Spiritual Direction: Beyond the Beginnings*. New York: Paulist Press, 2000.

Rupp, Joyce. *Open The Door: A Journey to the True Self*. Notre Dame, IN: Sorin Books, 2008.

Shannon, William H. *Silence On Fire*. New York: Crossroads, 1994.

Silf, Margaret. *Simple Faith*. Chicago, IL: Loyola Press, 2012.

Steere, Douglas V. *Dimensions of Prayer*. Nashville, TN: Upper Room Books, 1997.

Thomas, Gary. *Sacred Pathways*. Grand Rapids, MI: Zondervan:1996.

Thompson, Marjorie. *Soul Feast: An Invitation to the Christian Spiritual Life*. Louisville, KY: Westminster John Knox Press, 1995.

Young, Sarah. *Jesus Calling: Enjoying Peace In His Presence*. Nashville, TN: Thomas Nelson, 2004.