



# TYNDALE

• SEMINARY •

## Course Syllabus Spring/Summer 2013

### FINDING YOUR WAY: PRINCIPLES OF SPIRITUAL DIRECTION SPIR 0601

**MAY 5 – 10 (Sunday – Friday)**  
Retreat Format

**INSTRUCTORS: DR. BARBARA HAYCRAFT & DR. JEFF LOACH**

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[twitter.com/passionatelyhis](https://twitter.com/passionatelyhis)

Office Hours are offered by appointment.

**NOTE: THIS COURSE IS HELD OFF-SITE AT [QUEEN OF APOSTLES RENEWAL CENTRE](#) IN MISSISSAUGA.**

To access your course materials, please go to [www.mytyndale.ca](http://www.mytyndale.ca). Note that all official Tyndale correspondence will be sent to your [@MyTyndale.ca](#) e-mail account. For information how to access and forward Tyndale emails to your personal account, see [www.tyndale.ca/it/live-at-edu](http://www.tyndale.ca/it/live-at-edu).

## I. COURSE DESCRIPTION

This course is designed to give insight into the ministry of spiritual direction. It is designed as an experience in learning through an informational as well as a formational process. There will be readings, lectures, periods of reflection, daily community worship, journaling and student interaction through a small group process. Required reading must be completed before the course begins.

The course takes place off-site at [Queen of Apostles Renewal Centre](#) in Mississauga. The

course begins at 7:00 p.m. on Sunday, May 5, 2013, and concludes on Friday, May 10, 2013 at 4:00 p.m. **There is an additional cost of \$450.00 to cover the cost of accommodation and meals at the retreat centre. Please bring a cheque (payable to “Queen of Apostles Renewal Centre”) or cash with you to the retreat. Neither credit nor debit cards will be accepted.**

Prerequisites: It is recommended that all who desire to take this course have completed SPIR 0700, and SPIR 0609 or SPIR 0610; otherwise, special permission of the professors is required. **Further, it is required that you will have completed, in the last five years, a Myers-Briggs Type Indicator® inventory. If you do not possess the results (on paper) of an MBTI® from the past five years, you will need to take the assessment online, for which there will be an additional cost of approximately \$20. Contact Dr. Loach for more information.**

## II. LEARNING OUTCOMES

At the end of the course, students will be able to:

- Understand the process of spiritual direction
- Discover and discern the movement of God in a person’s life
- Have a biblical and theological foundation for spiritual direction
- Evaluate religious experiences
- Foster a contemplative attitude
- Affirm a code of ethics in spiritual direction

## III. COURSE REQUIREMENTS

### A. REQUIRED TEXTS

Chan, Simon. *Spiritual Theology: A Systematic Study of the Christian Life*. Downers Grove, IL: Inter-Varsity Press, 1998. ISBN 0830815422

Demarest, Bruce. *Soul Guide: Following Jesus As Spiritual Director*. Colorado Springs, CO: NavPress, 2003. ISBN 157683264

Guenther, Margaret. *Holy Listening: The Art of Spiritual Direction*. Lanham, MD: Cowley Publications, 1992. ISBN 1561010561

McGrath, Alister. *Christian Spirituality: An Introduction*. Malden, MA: Blackwell Publications, 1999. ISBN 0631212817

### B. ASSIGNMENTS AND GRADING

#### 1. Interactive critical book reviews: 40% of final grade

From the ‘required texts’ list, submit a 3-page critique for **each** of the four books. These are not book reports, but interactive critiques which can focus on one or two key issues raised in each book. These four interactive critical book reviews are due on **June 10, 2013**.



## 2. Journal Exercise: 20% of final grade

You will be required to journal each day. Bring a notebook that can serve as a daily journal. At the end of the course, you will be required to write a 3-5 page reflection paper that captures the essence of your learning and integration from the daily group experience in *lectio divina*. This reflection paper is due on **June 10, 2013**.

## 3. Class Participation

While no marks are assigned for this, you are expected to participate fully in daily worship, small group assignments, and all teaching sessions.

## 4. Research Paper: 40% of final grade

Write a 10-15 page research paper on the topic, "A Model for Spiritual Direction". You are expected to do research on one author to discover her/his unique approach to spiritual direction and how you would try to integrate some of her/his concepts of spiritual direction into your own practice. This paper is expected to follow all the requirements for a research paper as set out in the student handbook. This research paper is due on **June 10, 2013**.

## C. GENERAL GUIDELINES FOR THE SUBMISSION OF WRITTEN WORK

For proper citation style, consult the [Chicago-Style Quick Guide](#) (Tyndale e-resource) or the full edition of the [Chicago Manual of Style Online](#), especially [ch. 14](#). For citing scripture texts, refer to sections [10.46 to 10.51](#) and [14.253 to 14.254](#).

### Academic Integrity

Integrity in academic work is required of all our students. Academic dishonesty is any breach of this integrity, and includes such practices as cheating (the use of unauthorized material on tests and examinations), submitting the same work for different classes without permission of the instructors; using false information (including false references to secondary sources) in an assignment; improper or unacknowledged collaboration with other students, and plagiarism. Tyndale University College & Seminary takes seriously its responsibility to uphold academic integrity, and to penalize academic dishonesty.

Students should consult the current Academic Calendar for academic policies on Academic Honesty, Gender Inclusive Language in Written Assignments, Late Papers and Extensions, Return of Assignments, and Grading System. The Academic Calendar is posted at <http://tyndale.ca/registrar>.

## D. SUMMARY OF ASSIGNMENTS AND GRADING

Evaluation is based upon the completion of the following assignments:

Interactive Critical Book Reviews (June 10, 2013)	40%
Journal Exercise (June 10, 2013)	20%
Research Paper (June 10, 2013)	40%
Total Grade	100%

#### **IV. COURSE SCHEDULE**

##### **Sunday, May 5:**

- 6:30 p.m. Register
- 7:00 p.m. Introduction to spiritual direction
- 9:00 p.m. Compline (evening prayer)

**Note: Each afternoon will follow the schedule established on the first day.**

##### **Monday, May 6:**

- 7:30 a.m. Lauds (morning prayer), daily
- 8:00 a.m. Breakfast, daily
- 9:00 a.m. Christian spirituality
- 12:00 noon Lunch, daily
- 1:00 p.m. Group *lectio divina*, daily
- 3:00 p.m. Skills development seminar, daily
- 4:30 p.m. Free time, daily
- 5:30 p.m. Dinner, daily
- 7:00 p.m. Basic principles of spiritual direction
- 9:00 p.m. Compline, daily

##### **Tuesday, May 7:**

- 9:00 a.m. Personality and the spiritual life
- 7:00 p.m. Giftedness set

##### **Wednesday, May 8:**

- 9:00 a.m. Scripture and prayer in spiritual direction
- 7:00 p.m. Compline (**note the change in time**)
- 7:30 p.m. Free night

##### **Thursday, May 9:**

- 9:00 a.m. Typical directee responses
- 7:00 p.m. Sexuality and spirituality

**Friday, May 10:**

9:00 a.m. Discernment, retreats-in-daily-life

1:00 p.m. Professional standards and the Tyndale Association of Spiritual Directors

**V. SELECTED BIBLIOGRAPHY (from Dr. David Sherbino)**

**A. CLASSICS OF DEVOTION**

These are essential works which all serious devotees should read and read again.

Aelred of Rievaulx. *On Spiritual Friendship*. Tr. Mary E. Laker. Cistercian Publications, no. 5, 1974.

Baxter, Richard. *The Saints' Everlasting Rest*. Abridged by Benjamin Fawcett. Grand Rapids: Baker Books, 1978.

Bernard of Clairvaux. *On Loving God*. Ed. Hugh Martin. London: Burns Oats and Washburne 1959; or tr. M. Basil Pennington, Cistercian Publications, no 13, 1973.

Boethius. *On the Consolations of Philosophy*. Penguin Classics.

Bonaventure. *The Character of a Christian Leader*. Tr. Philip O'Mara. Servant Books, 1978.

Bunyan, John. *The Pilgrim's Progress*. Ed. Roger Sharrock, 1976.

Charitan, Igumen, Ed. *The Art of Prayer, An Orthodox Anthology*. Faber and Faber, 1976.

de Foucauld, Charles. *Meditations of a Hermit*. Tr. Charlotte Balfour, Burns and Oats, 1981.

de Sales, Francis. *Introduction to the Devout Life*. Tr. John K. Ryan. New York: Image, 1972.

de Caussade, Jean Pierre. *The Sacrament of the Moment*. Tr. Kitty Muggeridge. New York: Collins, 1981.

Francis of Assisi. *The Little Flowers of St. Francis*. Tr. Raphael Brown. New York: Image Books, 1958.

Herbert, George. *The Temple*. Ed. F.E. Hutchinson. Oxford: Clarendon Press, 1965.

Hilton, Walter. *The Stairway of Perfection*. Tr. M.L. Del Mastro. New York: Image, 1979.

John of the Cross. *Ascent of Mt Carmel*. 1958.

\_\_\_\_\_. *Dark Night of the Soul*. Tr. E. Allison Peers. 1959.

\_\_\_\_\_. *Living Flame of Love*. New York: 1962

Julian of Norwich. *The Revelations of Divine Love*. Tr. James Walsh, Harper and Brothers, 1961.

Kelly, Thomas R. *A Testament of Devotion*. New York: Harper and Row, 1941.

Law, William. *A Serious Call to a Devout and Holy Life*. Grand Rapids: Eerdmans, 1973.

Lewis, C.S. *George MacDonal – an Anthology*. Collins.

Owen, John. *Temptation and Sin / Works*, Vol. 6. Banner of Truth, 1977.

Taylor, Jeremy. *The Rule and Exercise of Holy Living*. Ed. Ann Lamb. New York: Harper and Row, 1970.

Teresa of Avila. *The Interior Castle*. Tr. E. Allison Peers. New York: Image, 1961.

*The Confessions of St Augustine*. There are various editions such as John K. Ryan, Image Books, 1960, as F.J. Sheed, Sheed and Ward, 1943. Dramatic, modern translations have been made by Sherwood Wirts and Ray J Defarri.

Thomas a Kempis. *The Imitation of Christ*. Ed. Harold C Gardiner. New York: Image, 1955.

Weil, Simone. *Waiting for God*. Collins, 1977.

Wilberforce, William. *Real Christianity*. Ed. J.M. Houston. Multnomah Press, 1982.

William of St. Thierry. *On Contemplating God, Prayers, Meditations*. Tr. Sister Penelope, Cistercian Publications, no. 3, 1971.

\_\_\_\_\_. *The Golden Epistle*. Tr. Theodore Berkeley. Cistercian Publications, no. 12, 1971.

## **B. HISTORICAL SURVEYS OF SPIRITUAL TRADITIONS**

Bouyer, Louis. *A History of Christian Spirituality*. New York: Seabury Press, 1963-9, vol. 3

Buther, Dom Cuthbert. *Western Mysticism, neglected chapters in the history of religion*. Constable, 1927.

Christensen, Bernard. *The Inward Pilgrimage. Spiritual Classics from Augustine to Bonhoeffer*. Minneapolis: Augsburg, 1976.

Davis, Kenneth Ronald. *Anabaptism and Asceticism*. Scottdale, PA: Herald Press, 1974.

Haller, William. *The Rise of Puritanism*. University of Pennsylvania Press, 1972.

Holmes, Urban T. *A History of Christian Spirituality*. New York: Seabury Press, 1980.

Jones, Rufus M. *Spiritual Reformers in the 16th and 17th Centuries*. New York: Macmillan, 1914.

Kirk, Kenneth E. *The Vision of God*. Langmans, Green, 1931.

McNeill, John T. *A History of the Cure of Souls*. Harper's Ministers, 1977.

Payne, Robert. *The Holy Fire: The Story of the Early Centuries of the Christian Church in the Near East*. St. Vladimir's Seminary Press, 1980.

Pourrat, P. *Christian Spirituality*. Burns Oats, 3 vol., 1922-27.

Sheppard, Lancelot. *Spiritual Writers in Modern Times*. Hawthorn Books, 1967.

Thornton, Martin. *English Spirituality: an outline of ascetical theology according to the English paternal traditions*. London: S.P.C.K., 1963.

Underhill, Evelyn. *The Mystics of the Church*. Cambridge: James Clarke, 1975.

### **C. ANTHOLOGIES OF SPIRITUAL WRITINGS**

Barbour, Hugh and Arthur Roberts. *Early Quaker Writings, 1650-1700*. Grand Rapids: Eerdmans, 1973.

Battles, Ford Lewis. *The Piety of John Calvin*. Grand Rapids: Baker, 1978.

Fedotov, G.P. *A Treasury of Russian Spirituality*. Sheed and Ward, 1977.

Freemantle, Ann. *The Age of Belief: The Medieval Philosophers*. New American Library, Mentor Books, 1955.

Klassen, Walter. *Anabaptism in Outline*. Scottsdale, PA: Herald Press, 1981.

Reinhold, H.A. *The Soul Afire: revelations of the mystics*. New York: Image Books, 1973.

Thomas, I.D.E. *A Puritan Golden Treasury*. Banner of Truth, 1971.

Ward, Benedicta. *The Desert Christian, Sayings of the Desert Fathers*. Macmillan, 1975.

Williams, George H. and Angel M. Mergal. *Spiritual and Anabaptist Writers*. Westminster Press, 1967.

### Studies in the Spirituality and Theology of Individuals

Auclair, Marcelle. *Saint Teresa of Avila*. Pantheon Books, 1953. (Well documented, objective study of a real person)

Bettoni, Efrem. *St. Bonaventure*. Notre Dame: University of Notre Dame Press, 1966 (an Italian writer summarized the thought and spiritual character of Bonaventure)

Bolshakoff, Sergius. *Russian Mystics*. Cistercian Publications, 1966. (a biographical outline of



little known mystics in the west)

Bordeaux, Henri. *Saint Francis de Sales: Theologian of Love*. Langmans, Green, 1929. (A frank book of his human qualities and short-comings, both of which qualified him to advise others)

Brown, Peter. *Augustine of Hippo*. Faber and Faber, 1967. (a brilliant and incisive biography written in a secular frame)

Burnaby, John. *Amor Dei*. 1938. (a classic on Augustine's love of God)

Chesterton, G.K. *Saint Thomas Aquinas: The Dumb Ox*. New York: Image, 1956. (a witty, shrewd study that captures the spirit of Aquinas)

Dallimore, Arnold A. *George Whitefield*. Cornerstone Books, 2 vol., 1979. (exhaustive and inspiring life of a great man)

Dessain, C.S. *The Spirituality of John Henry Newman*. Winston Press, 1977. (a study of the spiritual "wholeness" of life Newman sought)

Freemantle, Anne. *Desert Calling*. Henry Holt and Co., 1969.

Greaves, Richard L. *John Bunyan*. Grand Rapids: Eerdmans, 1969. (Bunyan's thought exposed through Bunyan's Pilgrim)

Guardini, Romano. *Pascal for our Time*. New York: Herder and Herder, 1960. (affective study on what happens to a man who believes in God)

Goudge, Elizabeth. *Saint Francis of Assisi*. London: Hodder and Stoughton, 1959. (there are numerous, larger and more authoritative studies of Francis, but none are written more sympathetically and of personal application than this)

Hoffman, Bengt R. *Luther and the Mystics*. Minneapolis: Augsburg, 1976. (a rather dull study, re-examining Luther's spiritual experience and his relationship to the mystics, but there is little else available on this lively, human being)

Johnston, William. *The Mysticism of the Cloud of Unknowing*. Anthony Clarke Books, 1978. (the first coherent theological study on this unknown author, with a preface by Thomas Merton on the nature and dangers of mysticism)

Leclerc, Jean. *Bernard of Clairvaux and the Cistercian Spirit*. Cistercian Publications, 1976. (an authoritative description of the many-sided facets of this remarkable leader of the 12th century)

Martin, Hugh. *Puritanism and Richard Baxter*. London: S.C.M., 1954. (there is a dearth of any lively biographies on the Puritans, so this is a rather dull description of a pastor)

Peers, Allison E. *Spirit of Flame*. London: S.C.M., 1963. (a balanced study of the life and character of St John of the Cross)

Richard, Lucien Joseph. *The Spirituality of John Calvin*. Louisville: John Knox Press, 1976. (a catholic writer's appreciation of the spiritual environment and traditions in what Calvin developed)

Sanders, E.K. *Fenelon*. Langmans, Green, 1901. (a factual study of Fenelon, his friends and enemies, 1661-1715)

Toon, Peter and Smout. *John Charles Ryle*. Reines, 1976. (a matter of fact biography of an inspiring saint)

Tuttle, Robert G. *John Wesley, his life and theology*. Grand Rapids: Zondervan, 1978. (A passionate study of a passionate man)

#### **D. SPIRITUAL DISCIPLINES**

Diverse theological traditions have provided the Christian with a rich range of perspectives.

These are sub-divided to help the reader seek what is needed personally, and bracketed to explain their ecclesiastical bias.

##### General

Baggot, L.J. *Spiritual Priorities*. London: S.P.C.K., 1963. (Anglican print)

Bouyer, Louis. *Introduction to Spirituality*. Collegeville: Liturgical Press, 1961. (R.C.)

Bruce, A.B. *The Training of the Twelve*. Grand Rapids: Zondervan, 1963. (Free Presbyterian)

Foster, Richard J. *Celebration of Discipline: The Path to Spiritual Growth*. New York: Harper and Row, 1978. (Evangelical Quaker)

Grou, J.N. *Manual for Interior Souls*. London: Burns and Oats, 1968. (French Jesuit)

Hardman, Oscar, ed. *The Christian Life*, vol. 1 Standard. London: S.P.C.K., 1951. (Anglican)

Hume, Basil. *Searching for God*. London: Hodder and Stoughton, 1977. (R.C. Archbishop)

Israel, Martin. *Summons to Life, The Search for Identity Through the Spiritual*. Mowbrays, 1976. (Doctor and Anglican)

Lovelace, Richard F. *Dynamics of Spiritual Life*. Downers Grove: InterVarsity Press, 1979. pp. 61-200. (Evangelical Presbyterian)

McNeile, A.H. *Devotion and Discipleship*. Heffer, 1936. (Anglican Theologian)

The Navigators. *Design for Discipleship*, 6 booklets. Nav. Press, 1977. (The Navigators)

Taize. *The Rule of Taize*. New York: Seabury Press, 1968. (R.C. ecumenist)

##### Specific Disciplines

## I. Love, Vulnerability and Compassion

Breault, Joseph L. *A Transformed Mind and Heart, becoming vulnerable and compassionate*. Ann Arbor: Servant Books, 1978. (R.C. leader of a "Community of God's Love")

Kelsey, Martin T. *Caring. How can we love one another?* Mahwah: Paulist Press, 1981. (R.C. priest and counselor)

Mayeroff, Milton. *On Caring*. New York: Harper and Row, 1971. (a secular philosopher)

McNeill, Donald P. and others. *Compassion: Reflections on the Christian Life*. New York: Doubleday, 1982. (a joint study and meditation by three R.C. writers)

Nouwen, Henri J.M. *The Wounded Healer*. New York: Doubleday Image, 1979. (R.C. teacher of spirituality)

## II. Discernment, Prudence and Charity

Dubay, Thomas. *Authenticity, a Biblical Doctrine of Discernment*. Lake Orien: Dimension Books, 1976. (Marist father)

Pieper, Josef. *Prudence*. London: Faber and Faber, 1959. (Thomist philosopher) .

\_\_\_\_\_. *Fortitude and Temperance*. London: Faber and Faber, 1959.

von Hildebrand, Dietrich. *In Defense of Purity*. Helicon, 1930. (R.C. ethicist)

## III. Freedom, Simplicity and Poverty of Spirit

Foster, Richard J. *Freedom of Simplicity*. New York: Harper and Row, 1981. (Evangelical Quaker)

Maloney, George A. *Jesus, Set Me Free! Inner Freedom through Contemplation*. Dimension Books, 1977. (Jesuit teacher)

Metz, Johannes Baptist. *Poverty of Spirit*. Newman Press, 1968. (R.C. theologian)

## IV. Humility

Pakenham, Frank, Earl of Longford. *Humility*. New York: Collins, Fontana, 1969. (R.C. layman and politician)

## V. Vowed Life and Devotion

Rahner, Karl. *Theological Investigations*, vol 3. New York: Seabury Press, 1976. pp. 105-128, 177- 189, 321-354. (Jesuit theologian)

Van Kamm, Adrian. *The Vowed Life*. Dimension books, 1968. (R.C. priest and psychologist)

## VI. Fasting

Ross, Shirley. *Fasting: The Super Diet*. Sheldon Press, 1976. (medical and secular perspective)

## VII. Wonder and Worship

Brunner, Peter. *Worship - the Name of Jesus*. St. Louis: Concordia, 1968. (Lutheran theologian)

Carroll, James. *Wonder and Worship*. Mahwah: Paulist Press, 1970. (Paulist priest)

Keen, Sam. *Apology for Wonder*. New York: Harper and Row, 1969. (secular theologian)

Pieper, Josef. *In Tune with the World, a Theory of Festivity*. Chicago: Franciscan Herald Press, 1973. (R.C. theologian)

\_\_\_\_\_. *Leisure. The Basis for Culture*. Chicago: St. Augustine's Press, 1998.

## VIII. Meditation and Prayer

There are innumerable books on this subject (see my other bibliography on Prayer) so this is highly selective.

Clowney, Edmund P. C.M. - *Christian Meditation*. Craig Press, 1979. (evangelical Presbyterian)

Forsyth, P.T. *The Soul of Prayer*. Independent Press, 1966. (evangelical theologian)

Herman, E. *Creative Prayer*. London: James Clarke, 1722. (wife of pastor)

Moschner, Franz M. *Christian Prayer*. B. New York: Herder, 1953. (R.C. priest)

Saliers, Don E. *The Soul in Paraphrase*. New York: Seabury Press, 1980. (ecumenical theologian)

## E. SPIRITUAL DIRECTION

Barry, William A., and Connolly, William J. *The Practice of Spiritual Direction*. New York: Seabury Press, 1982.

Edwards, Tilden H. *Spiritual Friend, Reclaiming the Gift of Spiritual Direction*. Mahwah: Paulist Press, 1980. (Anglican director)

Jones, Alan. *Exploring Spiritual Direction, An Essay on Christian Friendship*. New York: Seabury Press, 1982. (Anglican theologian)

Leech, Kenneth. *Soul Friend, the Practice of Christian Spirituality*. New York: Harper and Row, 1979. (Anglican priest)

## F. OTHER EDIFYING BOOKS ON DIVINE TOPICS

Bloom, Anthony. *Living Prayer*. Langman and Todd, 1966. (an Orthodox bishop)

Bonhoeffer, Dietrich. *Discipleship*. Dietrich Bonhoeffer Works, Vol. 4. Tr. B. Green, R. Krauss, trans. Minneapolis, MN: Fortress, 2001.

Boros, Ladislaus. *Pain and Providence*. Search Press, 1976. (R.C. writer)

Doherty, Catherine de Hueck. *Poustinia: Christian Spirituality of the East for Western Man*. Notre Dame: Ava Maria Press, 1975. (Orthodox contemplative)

Emery, Pierre-Yves. *The Communion of Saints*. London: Faith Press, 1966.

Evely, Louis. *Suffering*. New York: Herder and Herder, 1967. (Founder of Lay Fraternities of Charles de Foucoud in Belgium)

Donne, John. *Devotions*. Ann Arbor: Ann Arbor Paperbacks, 1960. (17th century Anglican divine)

Hurnard, Hannah. *Hinds' Feet on High Places*. Grand Rapids: Fleming H. Revell, 1973. (an allegory of accepting the will of God)

Lewis, C.S. *A Grief Observed*. New York: Seabury Press, 1963.

L'Engle, Madeleine. *A Circle of Quiet*. New York: Seabury Press, 1979. (Anglican writer)

Macdonald, George. *Diary of an Old Soul*. Minneapolis: Augsburg, 1975. (lyrics by a 19<sup>th</sup> c. Presbyterian)

Matz, Louise L., ed. *The Meditative Poem: an anthology of 17th century verse*. New York: Doubleday Anchor, 1963.

Neill, Stephen. *Christian Holiness*. Cambridge: Lutterworth Press, 1960. (Anglican bishop)

Nouwen, Henri J.M. *Reaching Out. The Three Movements of the Spiritual Life*. New York: Doubleday, 1975. (R.C. spiritual director and writer)

Packer, James I. *Knowing God*. Downers Grove: InterVarsity Press, 1973.

Ryle, J.C. *Holiness*. Cambridge: James Clarke, 1962. (Evangelical Anglican bishop)

Schaeffer, Edith. *Hidden Art*. Carol Stream: Tyndale, 1971. (explores creativity in the ordinary things of life)

Selye, Hans. *The Stress of Life*. Toronto: McGraw Hill, 1956. (medical study that is a classic on this subject)

Traherne, Thomas. *Centuries of Meditations*. London: Faith Press, 1975. (17th century

metaphysical prose on joy)

Underhill, Evelyn. *The Spiritual Life*. London: Hodder and Stoughton, 1961. (Anglo-Catholic mystic)

von Hildebrand, Dietrich. *Transformation in Christ*. Chicago: Franciscan Herald Press, 1973. (R.C. philosopher and ethicist)

## **G. ADDITIONAL BIBLIOGRAPHY**

Allen, Diogenes. *Spiritual Theology*. Boston: Cowley, 1997.

Chan, Simon. *Spiritual Theology*. Downers Grove: IVP, 1999.

Clendenin, Daniel B. *Eastern Orthodox Christianity*. Grand Rapids: Baker, 1994.

Edwards, Jonathan. *Religious Affections: A Christian's Character before God*. Minneapolis, MN: Bethany House Publishing, 1995.

Harris, Mark. *Companions for Your Spiritual Journey*. Downers Grove: IVP, 1999.

Huggett, Joyce. *The Joy of Listening to God*. Downers Grove: IVP, 1986.

Holt, Bradley. *Thirsty For God: A Brief History of Christian Spirituality*. Minneapolis, MN: Augsburg, 1993.

Lemopoulos, George, ed. *Let Us Pray to the Lord: A Collection of Prayers From the Eastern and Oriental Orthodox Tradition*. Geneva: WLL Publishing, 1996.

McGrath, Alister. *Christian Spirituality*. Molten, MA: Blackwell, 1999.

Miller, Wendy. *Invitation to Presence: A Guide to Spiritual Discipline*. Nashville: Upper Room Books, 1995.

Oswald, Roy M., and Otto Kroeger. *Personality Type and Religious Leadership*. Washington D.C: Alban Institute, 1988.

Payne, Leanne. *Listening Prayer: Learning to Hear God's Voice and Keep a Prayer Journal*. Grand Rapids: Baker, 1994.

Peace, Richard. *Spiritual Journaling: Recording Your Journey toward God*. Colorado Springs, CO: NavPress, 1995.

Peterson, Eugene. *Answering God: The Psalms as Tools For Prayer*. New York: Harper and Row, 1985.

Peterson, Eugene. *Subversive Spirituality*. Grand Rapids: Eerdmans, 1996.

Rice, Howard. *Reformed Spirituality: An Introduction For Believers*. Louisville: WJKP, 1991.

- Senn, Frank C. *Protestant Spiritual Traditions*. Mahwah, NJ: Paulist, 1986.
- Smith, Martin L. *The Word is Very Near You: A Guide to Praying With Scripture*. Cambridge, MA: Cowley, 1989.
- Stevens, Paul. *Disciplines of the Hungry Heart*. Vancouver: Regent, 1993.
- Thompson, Marjorie. *Soul Feast: Invitation to the Christian Spiritual Life*. Louisville: WJKP, 1995.
- Toon, Peter. *The Art of Meditating on Scripture*. Grand Rapids: Zondervan, 1993.
- Tyson, John R. ed. *Invitations to Christian Spirituality: An Ecumenical Anthology*. New York: Oxford U. Press, 1997.
- Vest, Norvene. *No Moment Too Small: Rhythms of Silence, Prayer, and Holy Reading*. Boston: Cowley, 1994.
- Waddel, Helen. *The Desert Fathers*. New York: Vintage Books, 1998.
- Whitney, Donald S. *Spiritual Disciplines for the Christian Life*. Colorado Spring: NavPress, 1991.
- Whitney, Donald S. *Spiritual Disciplines within the Church*. Chicago: Moody, 1996.
- Willard, Dallas. *The Divine Conspiracy*. San Francisco: Harper, 1998.