



**Course Syllabus
SPRING-SUMMER 2013**

**SPIRITUAL FORMATION
SPIR 700W**

APRIL 29 – JULY 19, 2013 (ONLINE)

INSTRUCTOR: DR. THOMAS POWER

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Office Hours: I will be checking in daily Monday to Friday (until 2 p.m.). I will not be active in the course on weekends (i.e., from Fridays at 2 p.m. to Monday at 8 a.m.)

To access your course materials, please go to www.mytyndale.ca. Note that all official Tyndale correspondence will be sent to your @MyTyndale.ca e-mail account. For information how to access and forward Tyndale emails to your personal account, see www.tyndale.ca/it/live-at-edu.

I. COURSE DESCRIPTION

Explores the different elements that contribute to spiritual formation. Beginning with definitional aspects, subjects range from formation through the Word, Christ and the Holy Spirit to formation by the Christian tradition, prayer, worship and community.

II. LEARNING OUTCOMES

On completion of this course, the student will:

- Discern the various influences that contribute to the process of spiritual formation
- Explain what is meant and understood by the term “spiritual formation.”
- Recognize that formation by the Word is foundational
- Discern why a relationship with Christ is central
- Recognize that the activity of the Holy Spirit is essential for growth
- Recognize the influence of the Christian tradition as formative
- Strive to integrate the disciplines of spiritual formation as regular daily practices
- Appreciate that formation occurs in personal and communal contexts
- Recognize that formation at a personal or individual level for mission emanates from spiritual

formation

Specific learning outcomes will be defined for each unit.

III. COURSE REQUIREMENTS

A. REQUIRED TEXTS

Foster, Richard J. *Streams of Living Water: Celebrating the Great Traditions of Christian Faith*. New York: HarperOne, 2001.

Mangis, Michael. *Signature Sins: Taming Our Wayward Hearts*. Downers Grove, IL: IVP, 2008.

Sherbino, David. *Re-Connect: Spiritual Exercises to Develop Intimacy with God*. Toronto: Salt Creative Group, 2008.

They can be purchased through the Tyndale Bookstore (416-226-6746, ex. 2188). Please purchase these in advance of the course beginning. Supplementary readings are provided online.

C. ASSIGNMENTS AND GRADING

1. Discussion Forum. Value: 40% (10% x 4 forums).

There will be a discussion forum for each week of the course. Four of these will be mandatory. For each of these four you will be allocated to a group and you will work together as a group to produce a short (4 pages) response to the particular topic you are assigned. Each of the four required forums will be spread over two weeks.

The first week in each of these mandatory forums should be devoted to discussing the issue with everyone posting an individual post (minimum 250 words for initial post) and responding to others in the group. The second week should be devoted to the writing up of the paper, circulating it among group members, and submitting it.

The paper should not simply be a report of the opinions of the different group members on the topic (e.g. "John thinks that" or "Cathy believes that" etc.). Rather it should be a considered and analytical response to the topic. If there is a difference of opinion in the group on a particular point this can be indicated anonymously.

You will be evaluated on the depth of knowledge displayed in your contribution, your level of application and analysis, and the integrating of readings and lecture notes into the paper.

2. Spiritual Exercises Value. Value: 20%. Due Date: Friday, 19 July 2013.

For the duration of the course you are required to do the exercises in David Sherbino, *Re-Connect: Spiritual Exercises to Develop Intimacy with God*. The intention of the exercises is for you to set aside time daily in order to develop a more intimate relationship with God.

There are seven units in the volume for you to complete a week at a time, with each week

consisting of daily tasks. You can complete them anytime over the duration of the course. However, it might be beneficial to combine some of the weekly exercises with the units covered in the course and with forum discussions (where applicable). For example, week two in *Re-Connect* deals with Holy Reading and week three with Praying the Scripture, which you might want to do after the course units on spiritual formation and Scripture respectively. Similarly, week four deals with Confession, which you might consider doing after the course unit on Sin. (There is a week eight devoted to the church year which you are free to use at the appropriate season, but it is not a requirement that you complete it for this course.)

- **Submission:** By the last day of the course, you need to email me and say that you have fully completed all the exercises for all of the seven weeks.

3. Integration Paper Value: 20%. **Due Date:** Not later than the last day of the course: Friday, 19 July, 2013.

Choose a topic that has emerged for you as important during the course and write about it in an integrative way. By “integrative” is meant that you bring to bear on your treatment of the topic what you have learned through the course units, the forums, doing the exercises (Sherbino text), the experience of your retreat, the course readings (textbooks and online readings), and your overall sense of the significance of the topic based on your own reflections. The paper should be critical and analytical (not reflections). There should be a bibliography.

- **Length:** 8-10 pages (ca. 4000 words) Spacing: 1.5
- **Submission:** Please submit electronically as an **email attachment**. Name the file as follows: ip (integration paper) + your initials: e.g. iptp. As well, put this in the subject line of the email. This process facilitates the identification, grading, and return of the assignment.

4. Spiritual Retreat. Value (all retreat requirements): 20%. **Due Date:** Not later than the last day of the course: Friday, 19 July, 2013.

You are required to participate (at your own expense) in a spiritual retreat at a time and place of your own choosing. You should try to do the retreat in the area in which you live or at a location accessible to you. It should typically be of two or three days' duration: e.g. a weekend of Friday evening to Sunday afternoon. Do the retreat at any time during the course. A list of retreat centres with information will be available on the course site. If you are having difficulty locating a suitable retreat centre, please contact me for suggestions: tpower@tyndale.ca.

Circumstances may be such that you are not able to find a retreat centre close to you. In that case please arrange to go away on your own to a location of your choice (hotel, bed and breakfast, etc.) for a 2-3 day period. For this type of self-directed retreat some resources are suggested on the course website. You will also need to provide me (in advance) with a list of your goals for the retreat.

Here are the requirements for obtaining a grade for this assignment in the course:

- Notify me in advance of the date and location of the retreat you intend to do.
- Notify me afterwards that you have in fact done the retreat.

- iii. Write a self-evaluation of your experience of the retreat.

Points to consider including in your self-evaluation:

- What was your experience of silence and solitude during the retreat?
- What was your experience of prayer during the retreat? What worked best for you?
- What role did being in community play (if applicable)? Were you nurtured by community? (if applicable)
- What was your experience of worship? (if applicable)

The **due date** is flexible given the need for you to schedule the retreat. The assignment can be submitted at any time during the course but not later than the last day of the course: Friday, 19 July, 2013.

- **Length:** 4-6 pages (ca. 2000 words) Spacing: 1.5
- **Submission:** Please submit electronically as an email attachment. Name the file as follows: sr (spiritual retreat) + your initials: e.g. srtp. As well, put this in the subject line of the email. This process facilitates the identification, grading, and return of the assignment.

D. GUIDELINES

1. General

- a. Regular participation in the weekly forums (four mandatory).
- b. Reading the unit notes posted online (typically 10 pages more or less per unit).
- c. Doing the required readings for each unit.
- d. Plan a spiritual retreat at a location of your choice and complete all the same requirements as the communal retreat.
- e. Regular meetings with a trained spiritual director (minimum 6 sessions, normally every other week). See further below "Guidance for the Selection of a Spiritual Director."
- f. Completing the assignments.

2. Online

This is an online course, therefore it differs in terms of expectations compared to an in-class course. An online course is "open" perpetually, meaning that you can enter it at any time and participate in its activities.

Guidelines for Posting to the Discussion Forum

- a. Post your initial message as early in the week as possible so people will have time to read and respond to your contribution. Post additional messages throughout the week that are either new contributions or replies to someone else.
- b. Keep your messages concise and clearly written. Most ideas can be stated in a couple of paragraphs, although sometimes a longer message may be needed to develop your thoughts adequately. Keep in mind that people are more apt to read and digest shorter messages than long ones.
- c. Be respectful of other's ideas, opinions, and beliefs. It is fine to disagree with someone, but please respect their right to think differently.
- d. Avoid posting simple two or three word statements such as "I agree" or "Good point". If you think someone has made an especially cogent point and you want to say so, then

explain **why** by adding a few sentences describing your response or adding to the original point.

- e. A message that demonstrates **substance** contributes to the understanding and application of ideas by doing one or more of the following:
 - **Reflection about meaning:** Describe thoughtfully what something means or new insights it provides, or raise a question as a seed for clarification or further discussion.
 - **Analysis:** Discuss relevant themes, concepts, main ideas, components, or relationships among ideas. Or, identify hidden assumptions or fallacies in reasoning.
 - **Elaboration:** Build on ideas of others or ideas found in the readings by adding details, examples, a different viewpoint, or other relevant information.
 - **Application:** Provide examples of how principles or concepts can be applied to actual situations, or discuss the implications of theory for practice.
 - **Synthesis:** Integrate multiple views to provide a summary, a new perspective, or a creative refashioning of ideas.
 - **Evaluation:** Assess the accuracy, reasonableness, or quality of ideas.
- f. Avoid using all caps. IT SEEMS LIKE SHOUTING!

3. Guidance for the selection of a Spiritual Director

The course may raise important issues for you. It is important, therefore, that you meet with your spiritual director to discuss these.

If you have a spiritual director, then continue to meet with him or her regularly through the duration of the course.

If you do **not** have a spiritual director, then you can select one from the list of the Tyndale Association of Spiritual Directors, here: [Tyndale site for guidance on selection of a spiritual director](#). Do this well in advance of the course beginning.

If you live at a distance from your chosen spiritual director, then meetings over Skype can potentially be arranged at your spiritual director's discretion.

For information on how to select a spiritual director, visit the Tyndale Association of Spiritual Directors website at <http://tyndale.ca/seminary/tasd/home>. If you have difficulty accessing information or require further help, please contact Dr. Barbara Haycraft, Director, Tyndale Spiritual Formation Centre, at bhaycraft@tyndale.ca.

NB. Please confirm with me before the course begins that you do have a spiritual director. Email me at tpower@tyndale.ca.

4. General Guidelines for the submission of written work

For proper citation style, consult the [Chicago-Style Quick Guide](#) (Tyndale e-resource) or the full edition of the [Chicago Manual of Style Online](#), especially [ch. 14](#). For citing scripture texts, refer to sections [10.46 to 10.51](#) and [14.253 to 14.254](#).

Academic Integrity

Integrity in academic work is required of all our students. Academic dishonesty is any breach of

this integrity, and includes such practices as cheating (the use of unauthorized material on tests and examinations), submitting the same work for different classes without permission of the instructors; using false information (including false references to secondary sources) in an assignment; improper or unacknowledged collaboration with other students, and plagiarism. Tyndale University College & Seminary takes seriously its responsibility to uphold academic integrity, and to penalize academic dishonesty.

Students should consult the current Academic Calendar for academic policies on Academic Honesty, Gender Inclusive Language in Written Assignments, Late Papers and Extensions, Return of Assignments, and Grading System. The Academic Calendar is posted at <http://tyndale.ca/registrar>.

F. SUMMARY OF ASSIGNMENTS AND GRADING

Evaluation is based upon the completion of the following assignments

Discussion forums	40%
Spiritual Exercises	20 %
Spiritual Retreat	20 %
Integration Paper	20%
Total Grade	100 %

IV. COURSE SCHEDULE, CONTENT AND REQUIRED READINGS

There are 12 weekly units in the course, as follows:

Unit 1: Definitions and themes

Unit 2: How spiritual formation means being formed by God's Word

Unit 3: How we are formed by a personal relationship with Christ.

Unit 4: Formation by the activity of the Holy Spirit

Unit 5: Formation through a life of prayer

Unit 6: Formation through the Christian tradition 1

Unit 7: Formation through the Christian tradition 2

Unit 8: The role of the spiritual disciplines in formation 1

Unit 9: The role of the spiritual disciplines in formation 2

Unit 10: The communal dimension to spiritual formation

Unit 11: Spiritual formation through worship

Unit 12: Outcomes of spiritual formation: growth, maturity, discipleship, and evangelism

V. SELECTED BIBLIOGRAPHY

NB. There are two things I would emphasize about the following bibliography:

1. This listing is selective rather than comprehensive. It focuses on the themes of each

unit. While there is often an overlap in the different facets of spiritual formation, I have tried in the list below to provide works directly relevant to the particular unit. For works on the area of Christian spirituality in general, see the listing at the end.

2. Because this is an online course you may have difficulty accessing these and other resources. You may be located near a good theological library, if so use it. Please also consult the list of online resources made available through Tyndale website (see below).

Unit 1: Definitions and themes

Cann, Joann Wolski. "[Spiritual Formation](#)." *Theology Today* 56:1 (1999), 86-97.

Chung, M. "What's in a Name? Is the term 'Spiritual Formation' Adequate?" *Evangelical Journal* 29:2 (2011), 60-67.

Gorman, Julie. "[Christian formation](#)." *Christian Education Journal* 10:2 (1990), 65-73.

Johnson, Susanne. "[Christian Spiritual Formation in An Age of "Whatever."](#)" *Review and Expositor* 98:3 (2001), 305-331.

Keating, James. "Christ Is the Sure Foundation: Priestly Human Formation Completed in and by Spiritual Formation." *Nova et Vetera* 8:4 (2010), 883-899.

Kretzschmar, Louise. "The Indispensability of Spiritual Formation." *Missionalia* 34:2-3 (2006), 338-361.

Peterson, Eugene. "[Spirituality for All the Wrong Reasons](#)." *Christianity Today* 49:3 (2005), 42-48.

Willard, Dallas. [The Divine Conspiracy](#). San Francisco: Harper, 1998.

Willard, Dallas. "[Spiritual formation as a natural part of salvation](#)." In: *Life in the Spirit*, 45-60. Downers Grove, Ill: IVP Academic, 2010.

Unit 2: How spiritual formation means being formed by God's Word

Copan, Victor A. "Spiritual formation and St. Paul as spiritual director: determining the primary aims." *Journal of Spiritual Formation & Soul Care* 3:2 (2010), 140-154.

Harper, J. Steven. "Old Testament Spirituality." *Asbury Theological Journal* 42: 2 (1987), 63-77.

Issler, Klaus Dieter. "[Six themes to guide spiritual formation ministry based on Jesus' Sermon on the Mount](#)." *Christian Education Journal* 7:2 (2010), 366-388.

Mulholland, M. Robert. *Shaped by the Word: the power of Scripture in spiritual formation*. Nashville: Upper Room Books, 2000.

Resseguie, James L. *Spiritual landscape: images of the spiritual life in the Gospel of Luke*. Peabody, MA: Hendrickson Publishers, 2004.

Shaw, M. Thomas. *Conversations with Scripture and with each other: spiritual formation for lay leaders*. Lanham, MD: Rowman & Littlefield, 2008.

Stuckenbruck, Loren T. "[Spiritual formation" and the Gospel according to Mark](#)." *Ex auditu* 18 (2002), 80-92.

Trost, Frederick R. "Spiritual Formation and Reformation." *Prism* 15:1 (2000), 73-86.

Toon, Peter. *The Art of Meditating on Scripture*. Grand Rapids: Zondervan, 1993.

Willett, Don. "A biblical model of stages of spiritual development: the journey according to John." *Journal of Spiritual Formation & Soul Care* 3:1 (2010), 88-102.

Unit 3: How we are formed by a personal relationship with Christ.

- Cepero, Helen Harmelink. "Living with God: A Trinitarian Understanding of Spiritual Formation." *Covenant Quarterly* 64:1 (2006), 222-240.
- Issler, Klaus. [*Living into the life of Jesus: the formation of Christian character*](#). Downers Grove, IL: IVP Books, 2012.
- McNamara, William. "Spiritual Formation and Mysticism." *Studies in Formative Spirituality* 5:1 (1984), 59-64.
- Schwanda, Tom. "Maturing in Christ: The Dynamic Process of Pilgrimage." *Reformed Review* 53:3 (2000), 196-211.
- Saunders, Stanley P. "["Learning Christ": Eschatology and Spiritual Formation in New Testament Christianity](#)." *Interpretation* 56:2 (2002), 155-167.
- Willard, Dallas. "["Spiritual formation as a natural part of salvation](#)." In *Life in the Spirit spiritual formation in theological perspective*. Ed. Jeffrey P. Greenman and George Kalantzis, 45-60. Downers Grove, IL: IVP Academic, 2010.
- Willard, Dallas. "Spiritual formation in Christ is for the whole life and whole person." In *For all the saints: Evangelical theology and Christian spirituality*. Ed. Timothy George and Alister McGrath, 39-53. Louisville; London: Westminster John Knox Press, 2003.
- Willard, Dallas. "["Spiritual formation in Christ: a perspective on what it is and how it might be done](#)." *Journal of Psychology & Theology* 28:4 (2000), 254-258.

Unit 4: Formation by the activity of the Holy Spirit.

- Averbeck, Richard E. "Spirit, Community, and Mission: A Biblical Theology for Spiritual Formation." *Journal of Spiritual Formation & Soul Care* 1:1 (2008), 27-53.
- Fee, Gordon D. ["Life in the Spirit"](#). Downers Grove, Ill: IVP Academic, 2010. Pp. 36-44.
- Issler, Klaus. "["The Spiritual Formation of Jesus: The Significance of the Holy Spirit in Jesus' Life"](#)." *Christian Education Journal* 4:2 (2000).
- Jones, Joe R. "["Spiritual Formation and Christian Discourse"](#)." *Encounter* 69:2 (2008), 29-44. Roberts, Robert C. "["The fruits of the Spirit"](#)." *Reformed Journal* 37:2 (1987), 9-13.
- Thompson, James W. "Paul and spiritual formation." *Christian Studies* 24 (2010), 7-19.

Unit 5: Formation through a life of prayer.

- Bondi, Roberta. ["To Pray and to Love: Conversations on Prayer with the Early Church"](#). Minneapolis, MN: Augsburg Fortress, 1991.
- Bradshaw, Paul F. *Daily Prayer in the Early Church*. Oxford: OUP, 1981.
- Cunningham, Lawrence S. "["Praying the Psalms"](#)." *Theology Today* 46:1 (1989), 39-44. Foster, Richard. ["Prayer. Find in g th e Heart 's T ru e Ho me"](#). New York: HarperCollins, 1992.
- Harmon, Steven. "["Theology proper and the proper way to pray: an exposition of Psalm 139"](#)." *Review & Expositor* 104:4 (Fall 2007), 777-786.
- Keller, David. "["Reading living water: the integral place of contemplative prayer in Christian transformation"](#)." *Sewanee Theological Review* 50:3 (2007), 409-426.
- McGinn, B., and J. Meyendorff, ed. *Christian Spirituality: Origins to the Twelfth Century*. New York: Routledge, 1987. Pp. 395-426. ("["Ways of Prayer and Contemplation"](#)")
- Polan, Gregory J. "["Lectio divina: reading and praying the Word of God"](#)." *Liturgical Ministry* 12

(2003), 198-206.

Smith, Martin L. *The Word is Very Near You: A Guide to Praying With Scripture*. Cambridge, MA: Cowley, 1989.

Wahl, Thomas. "[Psalms in Christian prayer](#)." *Worship* 63: 2 (1989), 143-148.

Units 6 & 7: Formation through the Christian tradition

Barry, A. L. "Church History and the Spiritual Formation of the People of God." *Concordia Historical Institute Quarterly* 69:1 (1996), 11-16.

Charry, Ellen T. "[Spiritual Formation by the Doctrine of the Trinity](#)." *Theology Today* 1997 54:3 (1997), 367-380.

Dahill, Lisa E. *Reading from the underside of selfhood: Bonhoeffer and spiritual formation*. Eugene, OR: Pickwick, 2009.

Day, Jim F. *A Franciscan discipleship handbook: spiritual formation and guidance in the writings of Francis of Assisi*. Piscataway, NJ: Gorgias Press, 2010.

DeSilva, David A. [The sacramental life: spiritual formation through the Book of common prayer](#). Downers Grove, IL: IVP, 2008.

Dorsett, Lyle W. *Seeking the secret place: the spiritual formation of C.S. Lewis*. Grand Rapids, MI: Brazos Press, 2004.

Foster, Richard J., and James B. Smith, eds. *Devotional Classics. Rev'd Ed. Selected Readings for Individuals and Groups*. San Francisco: Harper Collins, 2005.

Harper, Steve. "Wesley's Sermons as Spiritual Formation Documents." *Methodist History* 26:3 (1988), 131-138.

Hindmarsh, Bruce. "'Come Down, O Love Divine': Christian Spiritual Formation through a Medieval Hymn." *Journal of Spiritual Formation & Soul Care* 3:1 (2010), 79-87.

Johns, Cheryl Bridges. *Pentecostal formation: a pedagogy among the oppressed*. Sheffield, UK: Sheffield Academic Press, 1993.

Kepler, Thomas S. *An Anthology of Devotional Literature*. Nappanee, IN: Evangel, 2001.

Lucas, Sean Michael. "['Divine Light, Holy Heat': Jonathan Edwards, the Ministry of the Word, and Spiritual Formation](#)." *Presbyterion* 34:1 (2008), 1-11.

McDermott, Thomas. *Catherine of Siena: spiritual development in her life and teaching*. New York; Mahwah, NJ: Paulist Press, 2008.

Prevost, Ronnie. "[Historical Roles of Christian Education in Spiritual Formation](#)." *Review and Expositor* 98:3 (2001), 333-349.

Robeck, Cecil M. "[On becoming a Christian: insights from Scripture and the patristic writings with some contemporary reflections](#)." *Cyberjournal for Pentecostal-Charismatic Research* 18 (2009), 1-99.

Schwanda, Tom. "'Hearts Sweetly Refreshed': Puritan Spiritual Practices Then and Now." *Journal of Spiritual Formation & Soul Care* 3:1 (2010), 21-41.

Sedlmeyer, Christopher A. "Humble Responsiveness, Blessed Service, and Obedient Authority: Benedict's Structure of Psychological and Spiritual Growth." *American Benedictine Review* 57:2 (2006), 165-185.

Sellner, Edward. "[Cassian and the Elders: Formation and Spiritual Direction in the Desert](#)." *Studies in Formative Spirituality* 13:3 (1992), 305-322.

Unit 8 & 9: The role of the spiritual disciplines in our formation.

- Bass, Dorothy C. "[Christian formation in and for sabbath rest.](#)" *Interpretation* 59:1 (2005), 25-37.
- Coe, John. "Resisting the Temptation of Moral formation: Opening to Spiritual Formation in the Cross and the Spirit." *Journal of Spiritual Formation & Soul Care* 1:1 (2008), 54-78.
- Dunnam, M., and K. D. Reisman. *The Workbook on the Seven Deadly Sins*. Nashville, TN: Upper Room Books, 1997.
- Estep, James R., and Jonathan H. Kim, ed. *Christian formation: integrating theology & human development*. Nashville: B&H Academic, 2010.
- Foster, Richard J. [Celebration of Discipline: The Path to Spiritual Growth](#). San Francisco: Harper Collins, 1998.
- Moreland, J. P. "[Spiritual Formation and the Nature of the Soul.](#)" *Christian Education Journal* 4:2 (2000), 25-43.
- Procter-Smith, Marjorie. "The Daily Office and Spiritual Formation." *Liturgy* 5:1 (1985), 29-32.
- Stalnaker, Aaron. "[Spiritual Exercises and the Grace of God](#): Paradoxes of Personal Formation in Augustine." *Journal of the Society of Christian Ethics* 24:2 (2004), 137-170.
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- Willard, Dallas. "Spiritual Formation and the Warfare between the Flesh and the Human Spirit." *Journal of Spiritual Formation & Soul Care* 1:1 (2008), 79-87.

Unit 10: The communal dimension to spiritual formation.

- Beran, Connie. "[Spiritual Formation of Senior Adults: Ministry Focus of Church and Synagogue.](#)" *Journal of Religion, Spirituality & Aging* 22:1-2 (2010), 41-54.
- Boling, Dan. "[Spiritual Formation and the Work of Older Persons in the Church.](#)" *Journal of Religion, Spirituality & Aging* 22:1-2 (2010), 55-69.
- Brink, T. L. "Depression and Spiritual Formation." *Studies in Formative Spirituality* 14:3 (1993), 381-394.
- Carlson, Greg, et al. [Perspectives on children's spiritual formation: four views](#). Nashville: B & H Academic, 2006.
- Carter, Kenneth H. "Ministry, Autobiography and Spiritual Formation." *Journal of the American Academy of Ministry* 3:4 (1995), 13-22.
- Conde-Frazier, Elizabeth, S. Steve Kang, and Gary A. Parrett. [A many colored kingdom: multicultural dynamics for spiritual formation](#). Grand Rapids: Baker, 2004.

- Demaray, Donald, and Reginald Johnson. *Spiritual formation for Christian leaders*. Nashville: Abingdon, 2007.
- Feldmeier, Peter. [*The developing Christian: spiritual growth through the life cycle*](#). New York; Mahwah, NJ: Paulist Press, 2007.
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- King, Mike. [*Presence-centered youth ministry: guiding students into spiritual formation*](#). Downers Grove, IL: IVP, 2006.
- Knight, David M. "A Practical Plan for Lay Spiritual Formation." *Studies in Formative Spirituality* 9:1 (1988), 7-16.
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- Poll, Justin, and Timothy B. Smith. "[The spiritual self: toward a conceptualization of spiritual identity development](#)." *Journal of Psychology & Theology* 31: 2 (2003), 129-142.
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- Sasso, Sandy. "[The Role of Narrative in the Spiritual Formation of Children](#)." *Family Ministry* 19:2 (2005), 13-26.
- Shinohara, Akira. "[Spiritual Formation and Mentoring: An Approach from the Christian Tradition of Spiritual Direction](#)." *Christian Education Journal* 6:2 (2002), 105-118
- Watkins, Derrel R. "[Spiritual Formation of Older Persons in a Postmodern Context](#)." *Journal of Religion, Spirituality & Aging* 22:1-2 (2010), 1-11.
- Webber, Robert E. *Journey to Jesus: the worship, evangelism, and nurture mission of the church*. Nashville, TN: Abingdon Press, 2001.
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- Wilhoit, James C. [*Spiritual formation as if the church mattered: growing in Christ through community*](#). Grand Rapids: Baker, 2008.
- Yust, Karen-Marie. "[Creating an Idyllic World for Children's Spiritual Formation](#)." *International Journal of Children's Spirituality* 11:1 (2006), 177-188.
- Yust, Karen Marie, and E. Byron Anderson. [*Taught by God: teaching and spiritual formation*](#). St.

Louis: Chalice Press, 2006.

Unit 11: Spiritual formation through worship.

- Alexis D. Abernethy, ed. [*Worship that changes lives: multidisciplinary and congregational perspectives on spiritual transformation*](#). Grand Rapids: Baker, 2008.
- Ackerman, John. *Listening to God: spiritual formation in congregations*. Bethesda, MD: Alban Institute, 2001.
- Anderson, E Byron. "[Worship: schooling in the tradition of Jesus.](#)" *Theology Today* 66:1 (2009), 21-32.
- Fragomeni, Richard N. "[Staying the Course: The Value of the Eucharist for Liturgy and Life.](#)" *Liturgical Ministry* 15:3 (2006), 147-153.
- Hancock, Stephen C. "Corporate Worship as Spiritual Formation." *Reformed Liturgy and Music* 26:3 (1992), 115-119.
- Headley, Carolyn. *Liturgy and spiritual formation*. Cambridge: Grove Books, 1997.
- Higgins, Craig R. "Spiritual Formation and the Lord's Supper: Remembering, Receiving, Sharing." *Journal of Biblical Counseling* 24:3 (2006), 71-78.
- Johnson, H. Wayne. "[Practicing Theology on a Sunday Morning: Corporate Worship as Spiritual Formation.](#)" *Trinity Journal* 31:1 (2010), 27-44.
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Online Resources: E-Books

Tyndale Spiritual Formation Reading Room:

<http://www.tyndale.ca/seminary/mtsmodular/reading-rooms/formation>

List of e-books in spiritual formation:

<http://www.tyndale.ca/sites/default/files/Spirituality%20Resources.pdf>

Online Resources: Journal Articles

<http://www.tyndale.ca/library/resources/periodicals>

Guidelines and Information for a Personal Retreat

A personal retreat must be for two full days. Guidelines for how to structure your retreat will be given to you by the professor. You will also be required to report on what you have learned or discovered during the retreat.

Toronto and Ontario

Some Ontario retreat centres can be found here:

<http://www.faithconnections.ca/getconnected/retreats>

<http://www.bethesdarenewalcentre.org>

<http://www.galileecentre.com>

<http://www.retreatsonline.com/canada/ontario/east/default.htm>

<http://www.retreatsonline.com/guide/christian.htm>

You may also wish to consult, *Canadian Retreat Guide* (Still Life Retreat: Durham, ON, 1998), which is a listing by province of retreat centres.

Outside Ontario in Canada

Consult the following:

<http://www.faithconnections.ca/getconnected/retreats>

<http://www.retreatsonline.com/canada>

<http://www.retreatsonline.com/guide/christian.htm>

You may also wish to consult, *Canadian Retreat Guide* (Still Life Retreat: Durham, ON, 1998), which is a listing by province of retreat centres.

If you are having difficulty locating a suitable retreat centre, please contact me for suggestions: tpower@tyndale.ca

Outside Canada

<http://www.retreatsonline.com>

If you are having difficulty locating a suitable retreat centre, please contact me for suggestions: tpower@tyndale.ca