

“The mission of Tyndale Seminary is to provide Christ-centred graduate theological education for leaders in the church and society whose lives are marked by intellectual maturity, spiritual vigour and moral integrity, and whose witness will faithfully engage culture with the Gospel.”

Course	FINDING YOUR WAY: PRINCIPLES OF SPIRITUAL DIRECTION SPIR 0601
Date and Time	MAY 3 – 7, 2021 MONDAY TO FRIDAY 9:00 AM – 4:00 PM
Instructor	DAVID SHERBINO, DMin, CSDS, CTPS Telephone/voice mail: (416) 226-6620 Ext. 6741 Mobile: (519) 865-2784 Email: dsherb@tyndale.ca
Class Information	The classes will be livestreamed from Monday to Friday 9:00 AM – 4:00 PM. Office Hours: By appointment
Course Material	Access course material at classes.tyndale.ca or other services at Tyndale One . Course emails will be sent to your @MyTyndale.ca e-mail account only. Learn how to access and forward emails to your personal account.

I. COURSE DESCRIPTION

Designed to give insight into the ministry of spiritual direction. An experience in learning through an informational as well as formational process. There are readings, lectures, period of reflection, daily community worship, journaling and student interaction through a small-group process.

Prerequisites: SPIR 0700 or permission of the professor.

II. LEARNING OUTCOMES

At the end of the course, students will be able to:

1. Recognize the process of spiritual formation.
2. Discern and identify the movement of God in a person's life.
3. Gain and restate a biblical and theological foundation for spiritual direction.
4. Evaluate religious experiences.
5. Foster and practice contemplative attitude.
6. Construct a healthy relationship between the director and the directee.
7. Describe and affirm a code of ethics in spiritual direction.

III. COURSE REQUIREMENTS

A. REQUIRED READING

Chan, Simon. [Spiritual theology: A Systematic Study of the Christian life](#). Downers Grove, IL: IVP Press, 1998/2013. Pp.300 [ISBN # 0830815422]

Dirks, Morris. *Forming the Leaders Soul: An Invitation to Spiritual Direction*. SoulFormation, 2013. Pp. 210. [ISBN# 13: 978-06615867090]

Guenther, Margaret. [Holy Listening: The Art of Spiritual Direction](#). Lanham, MD: Cowley Publications, 1992. Pp. 146. [ISBN# 1561010561]

Mullholland, Robert M. [Invitation to a Journey](#). Downers Grove, IL: IVP Press, 2016. Pp. 218. [ISBN# 0-8308-9373-3]

B. SUPPLEMENTARY / RECOMMENDED READING AND TOOLS

Tyndale recommends www.stepbible.org – a free and reputable online resource developed by Tyndale House (Cambridge, England) – for word searches of original-language texts, as well as for topical searches, interlinear texts, dictionaries, etc. Refer to the library for other [online resources for Biblical Studies](#).

C. INTERACTIVE LIVESTREAM AND/OR HYBRID COURSE REQUIREMENTS

- Livestream attendance at announced times
- Headphones (preferred), built-in microphone, and web-camera
- Well-lit and quiet room
- Stable high-speed internet connection, preferably using an Ethernet cable over Wi-Fi

D. GUIDELINES FOR INTERACTIONS

Tyndale University prides itself in being a trans-denominational community. We anticipate our students to have varied viewpoints which will enrich the discussions in our learning community. Therefore, we ask our students to be charitable and respectful in their interactions with each other, and to remain focused on the topic of discussion, out of respect to others who have committed to being a part of this learning community. Please refer to “Guidelines for Interactions” on your course resource page at classes.tyndale.ca.

E. ASSIGNMENTS AND GRADING

1. Critical Book reviews: 40% of final grade.

From the required reading list submit a two page critique for each of the four books. Each critique should focus on ONE issue raised in the book and should reflect thoughtful interaction with the issue raised in the text.

Due Date: June 18, 2021.

This meets learning outcomes 1, 2, 3 and 5.

2. Journal Exercise: 20% of final grade.

You will be required to journal each day. At the end of the course, you are required to write a 3-5 page reflection paper that captures the essence of your learning and the integration from the daily group experience in Lectio Divina.

Due Date: May 28, 2021

This meets learning outcomes 2,3 and 5.

3. Research Paper: 40% of final grade.

Write a 10-15 page research paper on the topic, “A Model of Spiritual Direction.” You are expected to do research on one author to discover their unique approach to spiritual direction and how you would integrate some of their concepts of spiritual direction into your own practice. This paper is expected to follow all the requirements for a research paper as set forth in the student handbook. A minimum of eight resources is expected.

Due Date: June 30, 2021

This meets learning outcomes 1,2,3,4,6, and 7.

F. EQUITY OF ACCESS

Students with permanent or temporary disabilities who need academic accommodations must [contact](#) the [Accessibility Services](#) at the [Centre for Academic Excellence](#) to [register](#) and discuss their specific needs. *New students* must self-identify and register with the Accessibility Office at the beginning of the semester or as early as possible to access appropriate services. *Current students* must renew their plans as early as possible to have active accommodations in place.

G. SUMMARY OF ASSIGNMENTS AND GRADING

Evaluation is based upon the completion of the following assignments:

Critical Book Review	40 %
Journal Exercise	20 %
Research Essay	40 %
Total Grade	100 %

H. GENERAL GUIDELINES FOR THE SUBMISSION OF WRITTEN WORK

For proper citation style, consult the [Chicago-Style Quick Guide](#) (Tyndale e-resource) or the full edition of the [Chicago Manual of Style Online](#), especially [ch. 14](#). For citing scripture texts, refer to sections [10.44 to 10.48](#) and [14.238 to 14.241](#).

Academic Integrity

Integrity in academic work is required of all our students. Academic dishonesty is any breach of this integrity, and includes such practices as cheating (the use of unauthorized material on tests and examinations), submitting the same work for different classes without permission of the instructors; using false information (including false references to secondary sources) in an assignment; improper or unacknowledged collaboration with other students, and plagiarism. Tyndale University takes seriously its responsibility to uphold academic integrity, and to penalize academic dishonesty.

Students are encouraged to consult [Writing Services](#). Citation and other [tip sheets](#).

Students should also consult the current [Academic Calendar](#) for academic policies on Academic Honesty, Gender Inclusive Language in Written Assignments, Late Papers and Extensions, Return of Assignments, and Grading System.

Research Ethics

All course-based assignments involving human participants requires ethical review and may require approval by the [Tyndale Research Ethics Board \(REB\)](#). Check with the Seminary Dean's Office (aau@tyndale.ca) before proceeding.

I. COURSE EVALUATION

Tyndale Seminary values quality in the courses it offers its students. End-of-course evaluations provide valuable student feedback and are one of the ways that Tyndale Seminary works towards maintaining and improving the quality of courses and the student's learning experience. Student involvement in this process is critical to enhance the general quality of teaching and learning.

Before the end of the course, students will receive a MyTyndale email with a link to the online course evaluation. The link can also be found in the left column on the course page. The evaluation period is 2 weeks; after the evaluation period has ended, it cannot be reopened.

Course Evaluation results will not be disclosed to the instructor before final grades in the course have been submitted and processed. Student names will be kept confidential and the instructor will only see the aggregated results of the class.

IV. COURSE SCHEDULE, CONTENT AND REQUIRED READINGS

The daily schedule will be from 9am-12pm and from 1pm-4pm.

The following topics will be covered.

1. Christian Spirituality
2. Lectio Divina (Daily Exercise)
3. Meditation on Scripture
4. The Prayer of Examination in Spiritual Direction
5. True Self / False Self.
6. Transformational Prayer (Inner Healing Prayer)
7. Spiritual Direction with Children and Youth
8. Discernment and Spiritual Direction
9. Gospel Contemplation
10. Transference and Spiritual Direction
11. Ethics and Professional Standards (TASD/ TSFC)

V. SELECTED BIBLIOGRAPHY

[Tyndale Library](#) supports this course with [e-journals, e-books](#), and the [mail delivery of books](#) and circulating materials. See the [Library FAQ page](#).

An additional bibliography will be included on your course resource page at classes.tyndale.ca.